

## **“Wisdom for the Middle Season”**

### **Seasons Series**

#### **Discussion Questions**

- **Ice Breaker:**
  - Describe a time when you experienced the disappointment of something not turning out like you had hoped. (For example, a race, a project, a home purchase, a vacation, etc.)
  - How did you respond?
- **What do you associate with someone having a “mid-life crisis”?**
  - If you’re in the Middle Season of life (~35-55 years old) or older, have you experienced something like a “mid-life crisis”? What did it look like?
  - What causes people to have a “crisis” or simply struggle in this season of life?
  - If you’re in the Younger Season of life, what do you think about the idea of possibly experiencing a kind of “crisis” as you get older?
- **Read Ecclesiastes 2:1-11.**
  - What emotions do you feel after reading that?
  - What is the writer’s point?
  - Do you resonate with what he is saying about life as he looks back?
- **Read Colossians 2:6-7.**
  - What does Paul mean by “as you received Christ Jesus the Lord”?
  - What is the one command in this passage?
  - What does he mean by “walk in him”? What words in the passage further describe what he means?
  - How does his passage challenge or encourage someone specifically in the Middle Season of life?
- **Application & Reflection**
  - Which of the gospel identities (citizen, family, missionary) does this message most intersect?
  - What will you do in response? How can your group help?