

PART 1: How are you doing?**DATE: 01-03-2021****START**

Throughout our days we are asked “How are you doing?” We get asked by coworkers, cashiers, family, and people we pass on the street. It is used as a simple greeting by people who don’t really expect an honest answer of how you are really doing, but it is a question we desperately want to honestly answer.

- How do you usually respond to the questions “How are you doing?”
- How are you doing...really?

READ**[Mark 12:29-30](#) (NIV)**

“The most important one,” answered Jesus, “is this: ‘Hear, O Israel: The Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.’ The second is this: ‘Love your neighbor as yourself.’ There is no commandment greater than these.”

THINK

The big picture Jesus is painting in Mark 12:29-31 is that we are to love God with all that we are, and to love people the way the same amount we love ourselves. In other words, how we love God will shape how we love people.

- Where do you find it easy to love God?
- What area in your life or in who you are do you struggle loving God?
- How does your love for God shape how you love the people around you?

Loving people can hard because people do stupid things. We must assess our own lives and work and what we can in our own lives in order to love people. As we work on becoming a healthier person we are better able to love people out of a healthier relationship with God.

- Where are you now in your relationship with God and others?
- What do you need to focus on as you start this new year?
- How can we support you as you focus on becoming healthier?

PRAY

“God help me turn over the areas of my life where I find it hard to love you. Help me to focus on the areas that I need to work on to better love you and others.”

ACT

This week, do a little self assessment in your life. As you start this new year assess where you are at and what you need to focus on to become healthier.

[Discover Hope](#) | [Next Step](#)**ONE CHURCH. RIGHT WHERE YOU ARE.**