

PART 5: Lean Into God

DATE: 01-31-2021

START

As we pursue loving God and loving others we allow God to shape us and grow us spiritually and join Him in His work to redeem all of creation back to him. As we focus on our spiritual health we draw closer to God.

- How would you describe your current spiritual health?
- What do you find helpful in helping you stay healthy spiritually?
- How does the Holy Spirit help sustain you spiritually?

READ

[Colossians 1:13-14](#) (NIV)

For he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves, in whom we have redemption, the forgiveness of sins.

THINK

Our pursuit of loving God and loving others is a continual process. This can seem near impossible to do on a daily basis. Luckily, we don't have to depend on our own strength because we are strengthened by the Spirit.

- How does the Spirit strengthen you to love God and love others?
- What has the Spirit revealed to you about loving God and loving others?

When we lean into God and receive discernment from the Spirit it allows us to lean into what God is doing in our lives and what He plans to do next.

- What areas do you need to lean into God more?
- How have you joined in with God's work?
- Why does loving others require patience?
- How can you lean into God this week?

PRAY

"God help me to pursue you daily and strengthen me with your Spirit so that I may serve others by loving them to you."

ACT

This week, take some time in your day to lean into God and His strength. Intentionally pursue Him so that you are strengthened to love others.

[Discover Hope](#) | [Next Step](#)



ONE CHURCH. RIGHT WHERE YOU ARE.