

PART 4: The Conscience Question

DATE: 07-25-2021

START

We all know people that have made bad decisions, and most likely we have made our share of bad decisions. Bad decisions can be avoided if we pay attention to the tension that rises up within us during a situation.

- How do you refer to your internal warning system?
- Have you ever been ready to make a big decision only to bail because of some tension that arose?
- How did that situation resolve?

READ

[1 Samuel 24:12](#) (NIV)

May the Lord judge between you and me. And may the Lord avenge the wrongs you have done to me, but my hand will not touch you.

THINK

It's hard to sit in the tension that rises up within us during a decision that we have to make. It is uncomfortable, causes anxiety, and it's easier to push through and ignore that tension within us. However, when we pay attention to the tension it causes us to take some time and think about what is causing the tension so we are able to make better decisions.

- How do you normally deal with tension in your life?
- When has listening to the tension that arises during a decision helped you?
- How can you better lean into the tension to make better decisions?

David decided that he could take the place of God. Instead of taking matters into his own hands he paid attention to his tension and allowed God to carry out his plan. David was able to craft a better story.

- Where do you find it difficult to trust God when faced with tension?
- What tension deserves attention in your life right now?

PRAY

“God, help me to pay attention to the tension that arises within me throughout the decisions in my life. Help me to pause and take time to figure out why there is tension and to seek wise counsel during the tension.”

ACT

With each new decision you face this week, ask yourself the question, “is there a tension that deserves my attention?” before making your decision.

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ONE CHURCH. RIGHT WHERE YOU ARE.