

## January Meditation Verse

1 Peter 3:8-9 *Finally, all of you, be like-minded, be sympathetic, love one another, be compassionate and humble. Do not repay evil with evil or insult with insult. On the contrary, repay evil with blessing, because to this you were called so that you may inherit a blessing.*

### Questions: (1-2 from study at home).

1. Do you know a woman who displays inner beauty and strength? What are some of her qualities?
2. How can we cultivate inner beauty? How can we teach or encourage the next generation of women to cultivate inner beauty?
3. Do you understand the difference between God using suffering in our lives versus God causing suffering in our lives? Please discuss
4. Think of a time when God used suffering in your life and what you learned about Him, yourself or others? (Please take a moment to think of something specific that you learned, not just sharing about a time of suffering).
5. How does the example of Christ's suffering impact your perspective on suffering in your own life?
6. Is there anything else that stood out to you today from today's teaching?

***Prepare at home for our study next week:***

1. Become familiar with the three kinds of suffering we may experience as a Believer: undeserved suffering, divine suffering and attack from Satan. Can you think of a character in the Bible who experienced any one of these?

Undeserved suffering (result of sin and a fallen world):

Divine suffering (God addressed sin and the consequence was some kind of suffering):

Satanic attack (Satanic attack to try to get a person to deviate or doubt God's goodness, plan or purpose):

Remember: Regardless of the origin of our suffering, God desires to use it to mold and shape us into becoming more like Him.