

Message title: Up From The Grave

Big Idea: If Jesus rose from the dead, what should we do?

Mark 16:1 Now when the Sabbath was past, Mary Magdalene, Mary *the mother* of James, and Salome bought spices, that they might come and anoint Him. **2** Very early in the morning, on the first *day* of the week, they came to the tomb when the sun had risen. **3** And they said among themselves, “Who will roll away the stone from the door of the tomb for us?”

4 But when they looked up, they saw that the stone had been rolled away—for it was very large.

1. Look up & see what God has done.

Psalm 121:1 I will lift up my eyes to the hills— From whence comes my help? **2** My help *comes* from the Lord, Who made heaven and earth. **3** He will not allow your foot to be moved; He who keeps you will not slumber.

Romans 5:8 But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us.

John 11:25 Jesus said to her, ‘I am the resurrection and the life. He who believes in Me, though he may die, he shall live. **26** And whoever lives and believes in Me shall never die.’

I Thessalonians 4:14 For if we believe that Jesus died and rose again, even so God will bring with Him those who sleep in Jesus.

Ephesians 1:18 that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints, **19** and what *is* the exceeding greatness of His power toward us who believe, according to the working of His mighty power **20** which He worked in Christ when He raised Him from the dead and seated *Him* at His right hand in the heavenly *places*, **21** far above all principality and power and might and dominion, and every name that is named, not only in this age but also in that which is to come.

5 And entering the tomb, they saw a young man clothed in a long white robe sitting on the right side; and they were alarmed. **6** But he said to them, “Do not be alarmed. You seek Jesus of Nazareth, who was crucified. He is risen! He is not here. See the place where they laid Him.

2. Show up & hear what God might say.

7 But go, tell His disciples—and Peter—that He is going before you into Galilee; there you will see Him, as He said to you.” **8** So they went out quickly and fled from the tomb, for they trembled and were amazed. And they said nothing to anyone, for they were afraid.

3. Get up & share God's word.

15 And He said to them, "Go into all the world and preach the gospel to every creature. **16** He who believes and is baptized will be saved; but he who does not believe will be condemned.

Acts 2:**36** "Therefore let all the house of Israel know assuredly that God has made this Jesus, whom you crucified, both Lord and Christ."**37** Now when they heard *this*, they were cut to the heart, and said to Peter and the rest of the apostles, "Men *and* brethren, what shall we do?" **38** Then Peter said to them, "Repent, and let every one of you be baptized in the name of Jesus Christ for the remission of sins; and you shall receive the gift of the Holy Spirit. **39** For the promise is to you and to your children, and to all who are afar off, as many as the Lord our God will call."

LIFE Group Discussion Questions:

- What were the women worrying about? What do you or have you worried about that Scripture has already addressed?
- Have you ever showed up and found God had something for you that you didn't expect?
- Reread the angel's message in Mark 15:6-7. What stands out to you the most about what he said?
- The women initially said nothing to anyone because they were afraid. What fears keep you from sharing God's word with people?
- Have you ever been "cut to the heart" like Peter's audience? Can you share more about that?