



## FEATURED EVENTS & NEWS

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**THIS SUNDAY!**

# JOIN OUR Nursing Home Ministry

The Nursing Home Ministry will gather today after service to minister at San Remo Rehab. If you have a passion to minister to our seniors through the Word of God and song, we invite you to serve! If you have questions, contact Gary and Sharon Reed at 214-783-3262 or [grant1949@sbcglobal.net](mailto:grant1949@sbcglobal.net).





Save the date! Our 2025 Christmas play, "All I Want for Christmas", will take place on **Saturday, December 20th at 3pm**. Featuring NDCBF's gifted cast and crew, the production will be about children exploring the Gift and the Giver. It will be a wonderful experience for all, so tell your friends and family, and mark your calendars!



**REGISTRATION  
OPEN**



[Register Here](#)



Join us for a special watchnight message, "I Refuse to Give Up", based from Galatians 6:7-9. Children are welcomed to wear their pajamas and bring a blanket!

For a complete list of events, please visit [ndcbf.org/events](http://ndcbf.org/events).  
Select current events are also featured in the events section at  
the bottom of the [ndcbf.org](http://ndcbf.org) homepage.

Contact [communications@ndcbf.org](mailto:communications@ndcbf.org) with any questions.

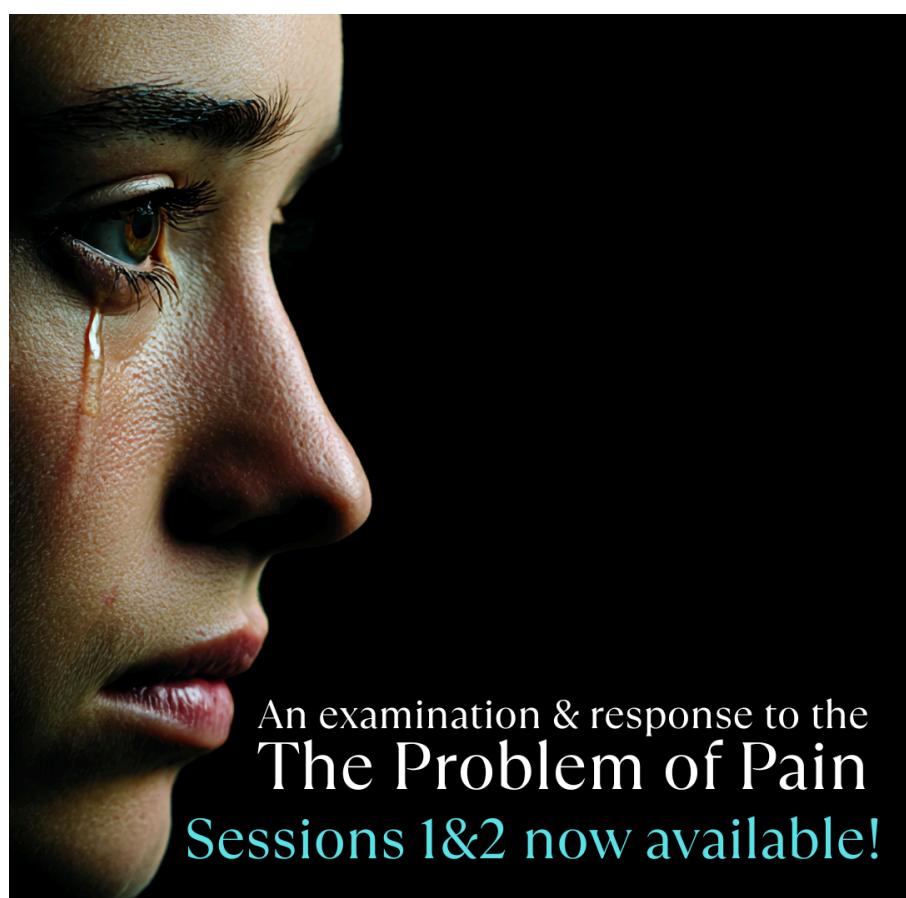
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## FEATURED RESOURCES



It's that time of year, we are approaching the new year and it's time to get our hearts and minds prepared for our time of fasting and prayer! The 2026 fast will begin on **January 4th at 6pm and end on January 25th at 12pm**. A new fasting devotional is coming soon!

[Click here to instructions and details](#)



Have you ever wondered why suffering exists, or the Christian response to skeptics who see pain and the existence of evil in the world as reasons to doubt God? Furthermore, what does the Resurrection of Jesus have to do with suffering? If you would like to develop prepared responses to these questions or simply want an opportunity to reflect on suffering in your own life, The Problem of Pain (recorded online course) is now available under the Discipleship Institute in the [Disciple Center](#)! Enjoy the first two sessions along with the study notes and worksheets. More sessions will be uploaded in the near future.

# Holiday Food Drive



[Register for a Food Basket](#)

[Register to Sponsor a Basket](#)



Registration to nominate an angel to receive gifts is closed; however, we still welcome sponsors! Register to sponsor and help us demonstrate the love of Jesus Christ and the true joy of Christmas by providing gifts!

[Register to Sponsor an Angel](#)

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## RESOURCES



# NEW WEDNESDAY NIGHT BIBLE STUDY LIVESTREAM PRAYER FORMAT

We are excited to present our enhanced Bible study prayer format where we can pray with you in real time during our Wednesday night Bible study. If you are unable to attend Bible study in person, we still want to provide an engaging online experience where we can serve your needs by praying with you! So when you join the livestream, feel free to drop your prayer requests in the chat and we will pray with you right after the praise and worship segment.



**LOGOS**  
CHRISTIAN SCHOOL



### We Invite You to Discover Logos Christian School

Join us this admissions season to experience the heart of Logos. Explore our nurturing, Christ-centered environment and learn how your child can thrive at Logos!

All Events Are Free and Open to the Public.

**Coffee and Conversation**  
Join us to tour Logos followed by coffee and conversation.

Date	Time
Wed, December 10th, 2025	9:00am
Wed, January 14th, 2026	9:00am

**Lunch at Logos**  
Enjoy lunch and learn about Logos.

Date	Time
Wed, December 10th, 2025	11:30am-1pm
Wed, January 14th, 2026	11:30am-1pm

### Wednesday Evenings

Engaging midweek gatherings for families.

Date	Time
Wed, December 10th, 2025	7:00pm
Wed, January 14th, 2026	7:00pm

### Parent Partnership Classes

Grow alongside us in faith and learning.

Date	Time	Topic
Fri, January 9th, 2026	9:00am	Discipline to the Design of Your Child
Fri, February 6th, 2026	9:00am	Love Languages for You and Your Child

**Scan to RSVP or email your RSVP to:** [jcapehart@logoschristianschool.org](mailto:jcapehart@logoschristianschool.org)  
**\*Please specify which event(s) you are attending in your email.**



**LOGOS**  
CHRISTIAN SCHOOL

**ADDRESS:**  
501 Accent Drive,  
Plano, TX 75075

**PHONE:**  
469-881-4069

**WEBSITE:**  
[logoschristianschool.org](http://logoschristianschool.org)

**FIND US ON FACEBOOK:**  
[@dfwlogoschristianschool](https://www.facebook.com/dfwlogoschristianschool)



## REHEARSALS



## Warning!

If you receive any solicitation emails addressed from Pastor Edwards, or any of the church's leadership, or staff, please report to [communications@ndcbf.org](mailto:communications@ndcbf.org) immediately. No one in the NDCBF leadership or staff will ever contact you for any donations. Please remain alert, and when in doubt, always reach out with questions or concerns. Thank you!

## The Wellness Corner

### Walk Your Way Through the Holidays

Let's keep it moving this holiday season! Don't let the holidays control you; decide to stay on track with your health and fitness goals. Walking and eating balanced nutrition can help your efforts. NOTE: In this article, my focus is on physical activity. Please see previous newsletters for nutrition guidance by Brenda Wakefield.

Walking is a simple way to stay active during the holiday season and year-round. All you need is a pair of sneakers and a little time. Whether it's in the morning, after lunch, or after dinner, a brisk walk has many benefits, which include boosting your mood, reducing your risk of heart disease, and helping with weight management.

So, what are you waiting for? Here are some ideas to get you started.

- Go on a Destination walk – Choose a destination then start walking!
- Go on a nature walk – walk a path along a trail, in a park, by a river, etc.
- Find a walking buddy! Your spouse, friend or co-worker
- Reward yourself (not with food)– Set a goal (i.e., I'm going to walk 3 days a week in November), when you reach the goal, then treat yourself to a new pair of sneakers, new workout pants, new water bottle, new purse, etc.
- Check out Nordic Walking - Adding Nordic walking poles will activate the muscles of your upper body during your walking workout.
- Join a walking group
- Walk the dog (or your neighbor's dog)
- Scavenger Hunt – make a game out of your walks. For example, Alphabet walk – Find something that starts with every letter of the alphabet in order.
- Join a walking challenge like Walk Across Texas
- Walk with purpose – sign up to walk a 5K or half, or full marathon. Better yet, participate in a charity walk for your favorite cause.

Until next time,  
M. Renette Schmidtke  
MEd., NCSF Certified Personal Trainer

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