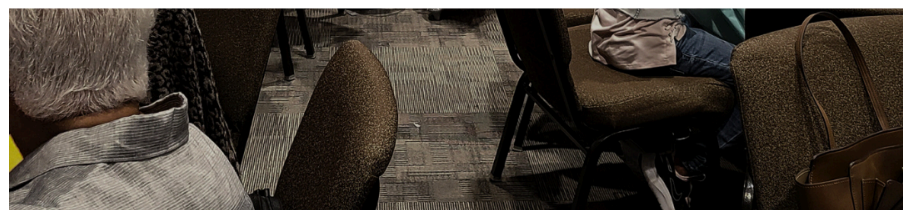




FEATURED EVENTS & NEWS



**REGISTRATION
OPEN**



[Register Here](#)

NEW MEMBER ORIENTATION

A New Beginning **DEC 6TH**



Ready to take that next step in your discipleship journey and join the NDCBF family? Come out to our next new member orientation session on **Saturday, December 6th from 9am-1pm in the Children's area**. This is a wonderful opportunity to get to know some of our ministry leaders and staff, while learning all about the NDCBF culture of discipleship. If you plan to attend, make sure to register for family chat first.

[Register for New Member Orientation](#)

FAMILY LIFE MEET & GREET

We want to get to know you!

DEC 7TH



On **December 7th immediately after service in the upstairs mezzanine**, we welcome you to join us for our Family Life meet and greet. Open to all who have recently joined NDCBF or are considering joining, the Family Life meet and greet is another great opportunity for you to get to know some of the NDCBF ministry leaders and other members. Our Family Life team is here to walk with you in all seasons of life, whether you are married with children, married, single or just looking to connect, let's connect at the Family Life meet & greet.

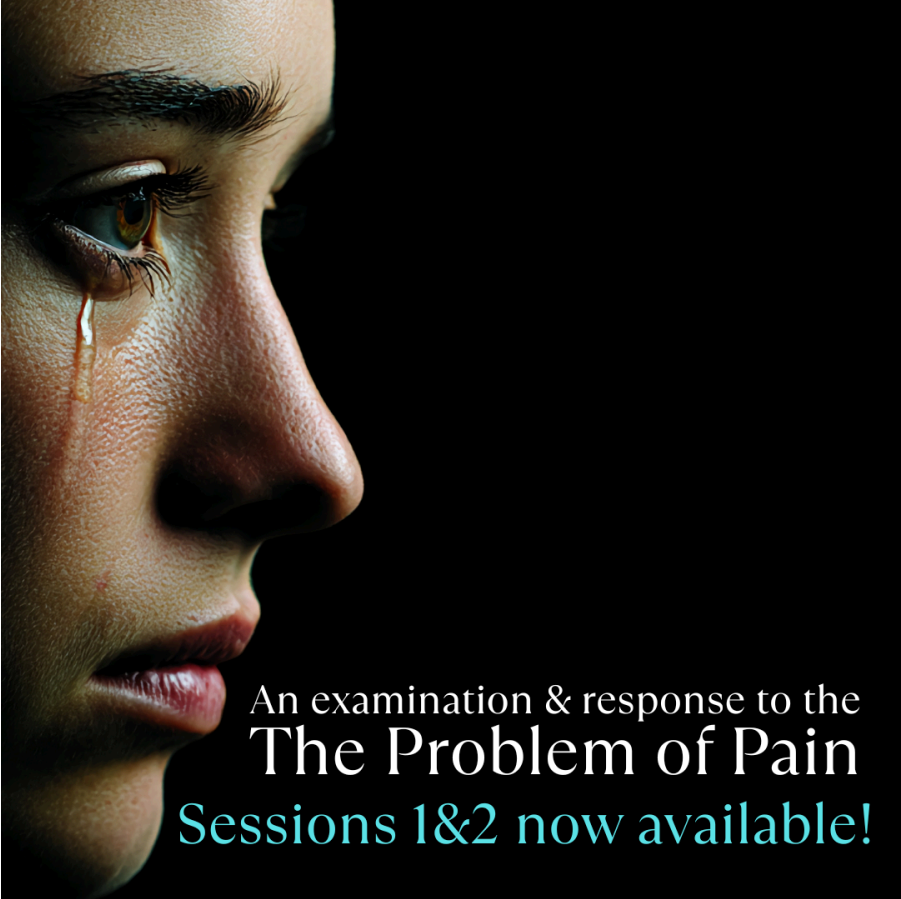


Save the date! Our 2025 Christmas play, “All I Want for Christmas”, will take place on **Saturday, December 20th at 3pm**. Featuring NDCBF’s gifted cast and crew, the production will be about children exploring the Gift and the Giver. It will be a wonderful experience for all, so tell your friends and family, and mark your calendars!

For a complete list of events, please visit ndcbf.org/events. Select current events are also featured in the events section at the bottom of the ndcbf.org homepage.

Contact communications@ndcbf.org with any questions.

FEATURED RESOURCES



Have you ever wondered why suffering exists, or the Christian response to skeptics who see pain and the existence of evil in the world as reasons to doubt God? Furthermore, what does the Resurrection of Jesus have to do with suffering? If you would like to develop prepared responses to these questions or simply want an opportunity to reflect on suffering in your own life, The Problem of Pain (recorded online course) is now available under the Discipleship Institute in the **Disciple Center**! Enjoy the first two sessions along with the study notes and worksheets. More sessions will be uploaded in the near future.



[Register for a Food Basket](#)

[Register to Sponsor a Basket](#)



Registration to nominate an angel to receive gifts is closed; however, we still welcome sponsors! Register to sponsor and help us demonstrate the love of Jesus Christ and the true joy of Christmas by providing gifts!

[Register to Sponsor an Angel](#)

RESOURCES



We are excited to present our enhanced Bible study prayer format where we can pray with you in real time during our Wednesday night Bible study. If you are unable to attend Bible study in person, we still want to provide an engaging online experience where we can serve your needs by praying with you! So when you join the livestream, feel free to drop your prayer requests in the chat and we will pray with you right after the praise and worship segment.



LOGOS
CHRISTIAN SCHOOL

We Invite You to Discover Logos Christian School

Join us this admissions season to experience the heart of Logos.

Explore our nurturing, Christ-centered environment and learn how your child can thrive at Logos!

All Events Are Free and Open to the Public.



Scan to RSVP or email your RSVP to jcapehart@logoschristianschool.org



Coffee and Conversation

Join us to tour Logos followed by coffee and conversation.

| Date | Time |
|--------------------------|--------|
| Wed, December 10th, 2025 | 9:00am |
| Wed, January 14th, 2026 | 9:00am |

Lunch at Logos

Enjoy lunch and learn about Logos.

| Date | Time |
|--------------------------|-------------|
| Wed, December 10th, 2025 | 11:30am-1pm |
| Wed, January 14th, 2026 | 11:30am-1pm |

Engaging midweek gatherings for families.

Parent Partnership Classes

Grow alongside us in faith and learning.

LOGOS
CHRISTIAN SCHOOL

ADDRESS:

ADDRESS:
501 Accent Drive,
Plano, TX 75075

PHONE:

469-881-4069

WEBSITE:

logoschristianschool.org

FIND US ON FACEBOOK:

@dfwlogoschool



***Please specify which event(s) you are attending in your email.**

A hand holding a smartphone. The screen displays the 'Sisters on the Rise' logo, which features a purple rose icon and the text 'SISTERS ON THE Rise' in a mix of serif and script fonts. Below the logo, the text 'Dial-in Number: 267-930-4000' and 'Access Code: 505 677 348' is shown in a bold, sans-serif font. The background of the phone screen is white.

If you receive any solicitation emails addressed from Pastor Edwards, or any of the church's leadership, or staff, please report to communications@ndcbf.org immediately. No one in the NDCBF leadership or staff will ever contact you for any donations. Please remain alert, and when in doubt, always reach out with questions or concerns. Thank you!

Walk Your Way Through the Holidays

Let's keep it moving this holiday season! Don't let the holidays control you; decide to stay on track with your health and fitness goals. Walking and eating balanced nutrition can help your efforts. NOTE: In this article, my focus is on physical activity. Please see previous newsletters for nutrition guidance by Brenda Wakefield.

Walking is a simple way to stay active during the holiday season and year-round. All you need is a pair of sneakers and a little time. Whether it's in the morning, after lunch, or after dinner, a brisk walk has many benefits, which include boosting your mood, reducing your risk of heart disease, and helping with weight management.

So, what are you waiting for? Here are some ideas to get you started.

- Go on a Destination walk – Choose a destination then start walking!
- Go on a nature walk – walk a path along a trail, in a park, by a river, etc.
- Find a walking buddy! Your spouse, friend or co-worker
- Reward yourself (not with food)– Set a goal (i.e., I’m going to walk 3 days a week in November), when you reach the goal, then treat yourself to a new pair of sneakers, new workout pants, new water bottle, new purse, etc.
- Check out Nordic Walking - Adding Nordic walking poles will activate the muscles of your upper body during your walking workout.
- Join a walking group
- Walk the dog (or your neighbor’s dog)
- Scavenger Hunt – make a game out of your walks. For example, Alphabet walk – Find something that starts with every letter of the alphabet in order.
- Join a walking challenge like Walk Across Texas
- Walk with purpose – sign up to walk a 5K or half, or full marathon. Better yet, participate in a charity walk for your favorite cause.

Until next time,
M. Renette Schmidtke
MEd., NCSF Certified Personal Trainer

North Dallas Community Bible Fellowship | 501 Accent Drive | Plano, TX 75075 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)

