



**NORTH DALLAS  
COMMUNITY  
BIBLE FELLOWSHIP**

## UPCOMING EVENTS & UPDATES

### NEW MEMBER ORIENTATION

*A New Beginning*

**JUNE 6TH  
9AM-1PM**



### FAMILY LIFE MEET & GREET

*We want to get to  
know you!*

**JUNE 7TH  
AFTER EACH SERVICE**



[Register for New Member Orientation](#)

## 2026 VBS



2026 VBS Theme: Joseph in Egypt. Collectively, we will take a step back in time and walk through Egypt to explore this wonderful story of man's faith and God's faithfulness.

[Register to Attend](#)

LIGHT OF THE WORLD  
**LIGHT UP THE CITY**



YOU ARE THE LIGHT OF THE  
WORLD. A CITY SET ON A  
HILL CANNOT BE HIDDEN

Our CityWide Community Worship Night is slated for this August, and we invite all singers who have a passion to glorify God through singing. Rehearsals will begin Monday, June 1st at 6:30pm in the sanctuary. Contact [kpittman@ndcbf.org](mailto:kpittman@ndcbf.org) with any questions.

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### OPPORTUNITIES TO SERVE

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**FOOD** Saturday, June 27th

**BASKET** 8am-10am

**DRIVE** NDCBF Parking Lot

*Donate non-perishable items*

For a complete list of events, please visit [ndcbf.org/events](http://ndcbf.org/events). Select current events are also featured in the events section at the bottom of the [ndcbf.org](http://ndcbf.org) homepage.

Contact [communications@ndcbf.org](mailto:communications@ndcbf.org) with any questions.

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### FEATURED RESOURCES

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# North Dallas Community Bible Fellowship



Communications Meeting | June 28th

Immediately after 11:30am service



We praise God that 100% of our teachers and students are returning to Logos Christian School for the 2026-27 school year and we have many new families enrolled also.

With our growth, Jody Capehart is interviewing for additional teachers for:

- PreK
- Kindergarten
- Spanish and Latin
- 5<sup>th</sup> Grade
- 6<sup>th</sup> Grade

Please contact Mrs. Capehart at [jcapehart@logoschristianschool.org](mailto:jcapehart@logoschristianschool.org) if you are interested.

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## WARNING

If you receive any solicitation emails addressed from Pastor Edwards, or any of the church's leadership, or staff, please report to [communications@ndcbf.org](mailto:communications@ndcbf.org) immediately. No one in the NDCBF leadership or staff will ever contact you for any donations. Please remain alert, and when in doubt, always reach out with questions or concerns. Thank you!

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## THE WELLNESS CORNER

### Let's Celebrate National Physical Fitness & Sports Month!

May is National Physical Fitness and Sports Month — a time to prioritize your health through movement and activity. Established in 1983, this month encourages people of all ages to build healthier habits and stay active.

Consistent physical activity can help you:

- Improve sleep

- Reduce the risk of serious conditions like heart disease and diabetes
- Perform your best at school and work
- Boost your mood and energy

#### **Tips to Move More This May**

- Sign up your kids or grandchildren for summer sports like bowling, baseball, softball, or track
- Add resistance training at least twice per week
- Aim for 150 minutes of moderate-intensity or 75 minutes of vigorous-intensity aerobic activity each week
- Schedule walks with a friend
- Add workouts to your calendar — and set reminders!

#### **20-Minute Walking Workout (All Ages)**

Get up and get moving with this simple walking workout:

*Warm-Up*

5 minutes

Easy-paced walking

*Intervals*

10 minutes

- Walk easy for 2 minutes
- Fast walk for 30 seconds
- Repeat for 4 rounds

Have more time? Complete 8 rounds for a 30-minute workout.

*Cool Down*

5 minutes

Easy-paced walking

Goal: Complete this workout 3–4 days per week on non-consecutive days.

Let's move more in May!

M. Renette Schmidtke, MEd.

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