



## 2026 MARCH GLADNESS & MARCH SWEETNESS REGISTRATION IS NOW OPEN!



It's that time of year, registration for 2026 March Gladness is now open and we are so excited! **The fun will take place on Saturday, March 14th, 9am-3pm in the parking lot of NDCBF.**

In preparation for the Shift Summer Camp, March Gladness is a family event designed to unite the local NDCBF communities along with outside communities for fun fellowship through great food, basketball, and games.

Our vision is for all proceeds from March Gladness to help make our Shift Summer Camp more affordable for NDCBF families. We have a goal of \$11,000 to help send our students to camp and March Gladness is a wonderful way for you to help us get there while having an amazing time!

During March Gladness, you will be able to enjoy healthy competition through a variety of games, such as 3 on 3 basketball, shootout basketball tournament, and a family obstacle course.

[Register for 3v3 Sudden Death](#)

[Register for Shoot Out](#)

[Register for Family Obstacle Course](#)

If you're still competitive but not into the athletic stuff, we have a cook-off challenge, where you can show off your cooking skills in the following categories: main meat dish, crockpot dish, cook-out side dishes and desserts.

Don't like sports or cooking, not a problem! Help us by donating menu items for the Cook-off Challenge and other food items.

[Register for Cook-Off or Donate Food Items](#)

If you have the gift of baking or making tasty desserts, we invite you to participate in our **March Sweetness Bake sale that will take place on Sunday, March 1st and March 8th after service.**

On March 1st, we will be selling cookies, brownies, muffins, pastries, and bars. On March 8th it'll be cakes, pies, and cupcakes.

We are also looking for volunteers to serve at the bake sale for both dates.

[Register for March Sweetness Bake Sale](#)

For those who just want to relax, socialize and eat, the **March Gladness VIP wristband package will be available for \$15 (adult price) and \$7**

(child price).

Available on the concession stand ticket purchase page (below), the package includes a wristband and cookout plate with 1 main dish, 2 sides and 1 dessert. Cookout food will only be available through this package. No concession stand tickets are needed for the March Gladness VIP wristband package.

**Concession stand tickets can only be used for concession items like chips, candy, soda etc.** Buy concession stand tickets now so you won't have to wait in line the day of!

[Concessions Stand Tickets](#)

We also invite you to **volunteer to serve at the actual event**, which will be a great opportunity for fellowship and fun. If you can't join us, or if you just want to **simply donate**, we encourage that too! If you are giving via check, please place SHIFT26 on the envelope.

[Register to Volunteer](#)

[Donate](#)

Visit [ndcbf.org/shift](https://ndcbf.org/shift) for more info.

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For a complete list of events, please visit [ndcbf.org/events](https://ndcbf.org/events). Select current events are also featured in the events section at the bottom of the [ndcbf.org](https://ndcbf.org) homepage.

Contact [communications@ndcbf.org](mailto:communications@ndcbf.org) with any questions.

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## FEATURED RESOURCES

*Marriage*  
**ENRICHMENT**  
**CLASS**

**SATURDAYS**  
**MARCH 7TH-**  
**APRIL 25TH**

NDCBF  
*Marriage*  
Ministry

God can turn any marriage into a masterpiece. Join our Marriage Ministry for this 6 week couples Bible Study. To fully participate, each couple will need The Art of Marriage small group study guide, which can be purchased at the Family Life online store. The study guide contains group discussion questions, mini-projects for completion during group meetings, date-night suggestions for couples and articles and tips for improving marriage.

[Register Here](#)

**Aware to Care**  
 — SPRING 2026 —  
**GROW GROUPS**



Classes will run from February – April

All classes begin on February 3, 2026

-  **GriefShare** - 7:00pm–9:00pm
-  **DivorceCare** - 6:30pm–8:30pm
-  **Love & Respect** - 7:00pm–8:30pm
-  **Overcoming Anxiety, Stress, & Depression** - 7:00pm–8:30pm



 **Eldred McCLEAN**  
 COUNSELING CENTER

Scan to Register or Call **972.930.5652**

[Register For Grow Groups](#)

[Register For DivoreCare](#)

[Register For GriefShare](#)

**FIRST  
 SUNDAY  
 PRAYER  
 CONFERENCE  
 CALL**



**Prayer  
 Coaching**



As we all know, prayer is a key component of discipleship. Gain confidence in approaching God in prayer through prayer coaching. The class is open to all.

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## WARNING

If you receive any solicitation emails addressed from Pastor Edwards, or any of the church's leadership, or staff, please report to [communications@ndcbf.org](mailto:communications@ndcbf.org) immediately. No one in the NDCBF leadership or staff will ever contact you for any donations. Please remain alert, and when in doubt, always reach out with questions or concerns. Thank you!

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## THE WELLNESS CORNER

### Kingdom Health: Guarding God's Temple

February is a month of love—and a powerful time to refocus on caring for the temple God has entrusted to us. Kingdom Health reminds us that wellness is not about perfection, but faithful stewardship.

“Do you not know that your body is the temple of the Holy Spirit... Therefore honor God with your body.”

— 1 Corinthians 6:19–20

### Monthly Wellness Challenge: Guard the Heart – 28 Days of Temple Care

This February, we invite the congregation to commit to simple, intentional acts of care for the body, mind, and spirit.

Your Daily Kingdom Health Challenge:

- Move – 20–30 minutes of walking or gentle movement
- Nourish – Choose one heart-healthy, whole-food meal each day
- Hydrate – Drink water throughout the day to support circulation and energy
- Pray – Begin or end each day with prayer over your health
- Release – Let go of stress, worry, or unforgiveness through forgiveness and gratitude

### Heart Check—Spirit, Soul & Body

A healthy heart includes emotional peace and spiritual alignment. Take time this month to ask:

- What habits honor God's temple?
- What needs to be surrendered to Him?
- Where is He inviting me to restore balance?

### Kingdom Wellness Prayer

Father God, we thank You for these bodies, Your temples. Teach us to honor You in how we eat, move, rest, and think. Guard our hearts, renew our strength, and align our lives with Your Kingdom purposes. Amen.

Wellness Note:

Small, faith-filled steps lead to lasting transformation. Let's walk this Kingdom Health journey together.

**Dr. Brenda Wakefield, PhD**

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