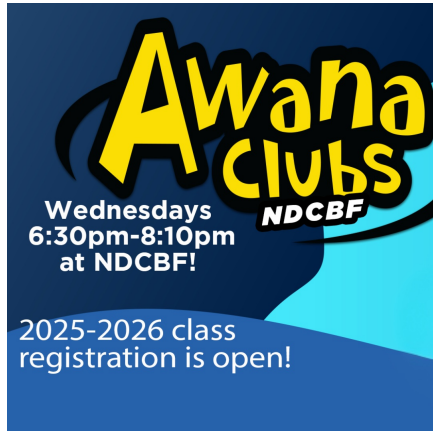




2025 CHURCH PICNIC



Registration for 2025-2026 AWANA is now open! AWANA is a tool we use to sink Scripture into the hearts and minds of our kids, here at NDCBF.

[Clubber Registration](#)

[Leader Registration](#)



Enjoy a choice of Olive Garden's lasagna or chicken alfredo with sides, beverages, and desserts at August's fellowship meal. **Register here!**



In order to make this year's church picnic happen, we need your help! We invite you to register as a volunteer. You can choose from a range of areas to serve in, such as registration, set-up, break-down, parking and more! **Register here!**

For a complete list of events, please visit ndcbf.org/events. Select current events are also featured in the events section at the bottom of the ndcbf.org homepage.

Contact communications@ndcbf.org with any questions.

THE WELLNESS CORNER

Are you getting enough physical activity to stay healthy and feel your best?

- Ages 18–65 and in good health?
- Click below for recommendations

Recommendations

Over 65 with health conditions?

- Be sure to consult your doctor for personalized activity guidance.
- Have kids?
- Click below to see what kids need

See What Kids Need

Be sure to consult your doctor for personalized activity guidance.

3 Easy Tips to Get Your Family Moving:

1. Limit screen time for everyone.
2. Make it fun! (Backyard obstacle course, dance party — you name it!)
3. Be a role model — let your kids see you being active.

Let's keep the whole family moving toward better health — one step at a time!

By:



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