



UPCOMING EVENTS & UPDATES



YOU'RE INVITED!



TRACK MEET 6.20 | 8:30AM-12:30PM
AT ALLEN HIGH SCHOOL
\$5 ENTRY FEE

Our Impact Track ministry would like to invite you all to the next track meet which will take place on June 20th 8:30am-12:30pm at Allen High School. The cost to attend is \$5. There is no pressure for you to stay for the entire time, feel free to leave when you need to. We would love for our kids to see familiar faces cheering them on as they utilize their athletic gifts and talents to impact the world for Jesus Christ. You'll be able to identify our kids by their orange shirts. We encourage you to either wear an orange shirt or an NDCBF shirt. Let's be unified and support our kids!



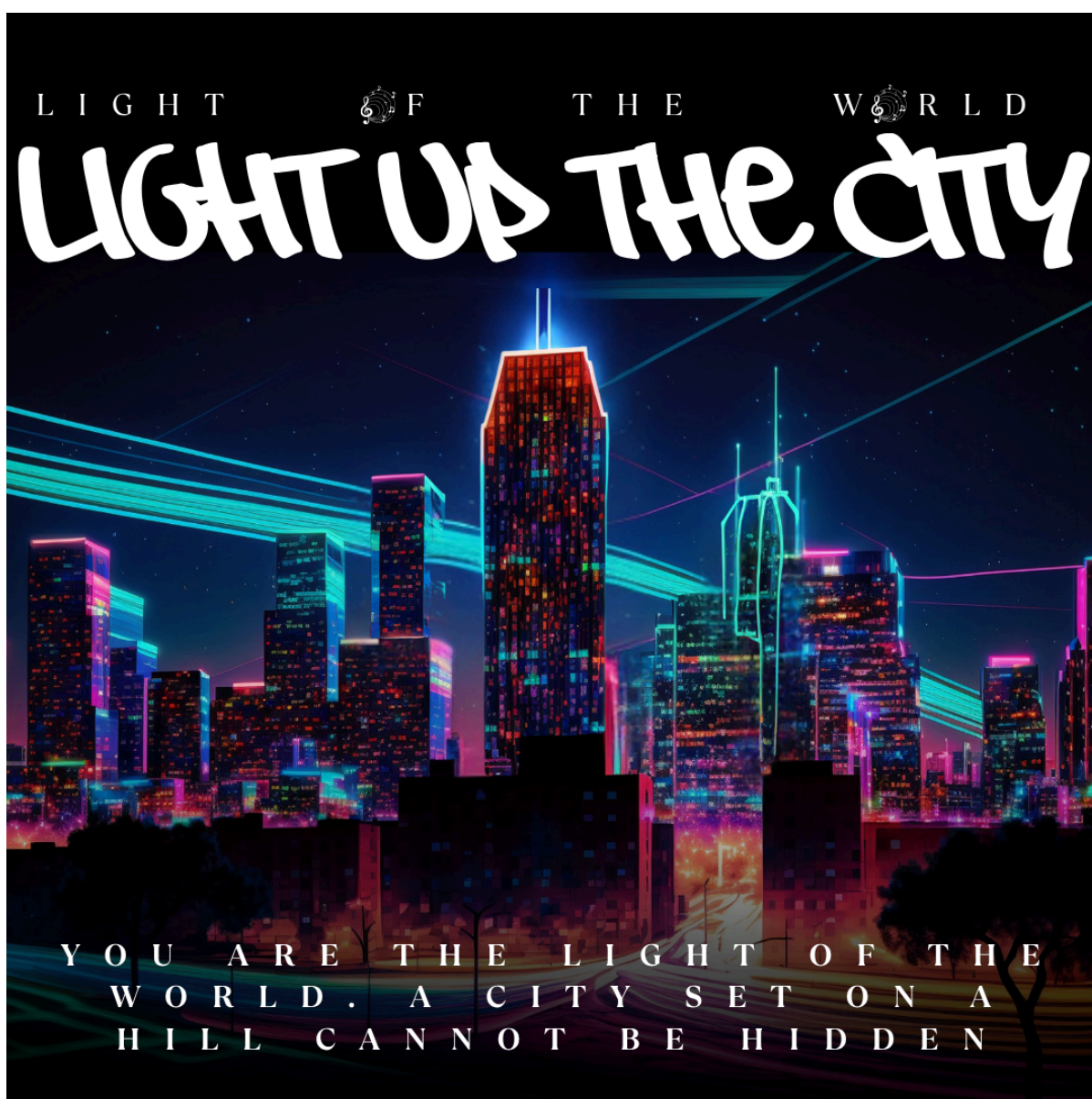
Sister Meet-Ups

Let's come together to connect, fellowship and get to know each other better!

women@ndcbf.org
Saturday, July 25th

[Register Here](#)

OPPORTUNITIES TO SERVE



Our CityWide Community Worship Night is slated for this August, and we invite all singers who have a passion to glorify God through singing. **Next rehearsal is Monday, June 22nd @6:30pm in the sanctuary.** Contact kpittman@ndcbf.org with any questions. Register below to sing with us!

[Choir Registration](#)

4TH SUNDAY!

JOIN OUR
**Nursing
Home
Ministry**

**AT COLLINWOOD NURSING
AND REHABILITATION**

Contact Gary and Sharon Reed: (214) 783-3262
grant1949@sbcglobal.net

FOOD

**Saturday,
June 27th**

BASKET

**8am-
10am**

DRIVE

**NDCBF
Parking Lot**

Donate non-perishable items

For a complete list of events, please visit ndcbf.org/events. Select current events are also featured in the events section at the bottom of the ndcbf.org homepage.

Contact communications@ndcbf.org with any questions.

FEATURED RESOURCES

North Dallas Community Bible Fellowship



Communications Meeting | June 28th

CANCELLED - NEW DATE TBA



We praise God for the families that He is bringing to Logos Christian School. In light of this we need additional teachers for Kindergarten and 3rd grade and we would love to recruit from our NDCBF family. If you or someone you know is interested please contact Jody Capehart at jcapehart@logoschristianschool.org

WARNING

If you receive any solicitation emails addressed from Pastor Edwards, or any of the church's leadership, or staff, please report to communications@ndcbf.org immediately. No one in the NDCBF leadership or staff will ever contact you for any donations. Please remain

alert, and when in doubt, always reach out with questions or concerns.
Thank you!

THE WELLNESS CORNER

"Summer is officially here, bringing longer days, brighter sunshine, and new opportunities to focus on your health, wellness, and self-care. As we welcome this beautiful season, we invite you to take time to nourish your mind, body, and spirit."

Summer Inspiration:

Rest • Restore • Rejoice

This season, take time to Rest in God's peace, Restore your mind, body, and spirit, and Rejoice in the abundant blessings that surround you every day.

Rest

Summer is a wonderful time to slow down, release stress, and find true rest in God's presence. When we pause and trust Him, we allow our minds, bodies, and spirits to be refreshed.

Scripture: "Come unto me, all ye that labour and are heavy laden, and I will give you rest." -Matthew 11:28

Restore

God specializes in restoration. Whether you need physical healing, emotional renewal, or spiritual strength, He can restore what has been worn down and guide you toward wholeness.

Scripture: "He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake." -Psalms 23:3

Rejoice

No matter what season of life you're in, there is always a reason to rejoice. Gratitude shifts our focus from our challenges to God's faithfulness and blessings.

Scripture: "Rejoice in the Lord always: and again I say, Rejoice." -Philippians 4:4

Your Health Matters

Small daily habits create lasting results. Whether your goal is improved energy, better nutrition, weight management, stress relief, or overall wellness, every positive step counts.

Summer Wellness Reminder

The warmer months are a perfect time to:

- Stay hydrated by drinking plenty of water
- Spend time outdoors soaking up natural sunlight
- Increase fresh fruits and vegetables in your daily meals
- Prioritize movement through walking, stretching, pilates, or exercise
- Make time for relaxation and stress reduction

Recommended Quick Tips

- Lemon water mornings
- 15 minutes of daily movement
- Daily gratitude

Ready to elevate your wellness?

Scripture - "The leaves of the trees are for the healing of the nations" - Revelation 22:2

Blessings,

Dr. Brenda Wakefield, PHD

Holistic Natural Health and Nutrition Practitioner