



## UPCOMING EVENTS & UPDATES



# RUN FAST FOR CHRIST



2026 Season

**REGISTRATION NOW OPEN!**  
Join the official NDCBF Impact Track Team for athletes ages 4 to 18.  
Visit [NDCBF.org/impact-track](https://NDCBF.org/impact-track) for more information!

[Learn More](#)



# QUARTERLY 4TH SUNDAY FELLOWSHIP MEAL

APRIL 26TH

[Register Here](#)



[Learn More](#)

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## OPPORTUNITIES TO SERVE

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**2ND SUNDAY!**

JOIN OUR

# Nursing Home Ministry

AT SAN REMO  
REHAB CENTER

Contact Gary and Sharon Reed: (214) 783-3262  
[grant1949@sbcglobal.net](mailto:grant1949@sbcglobal.net)

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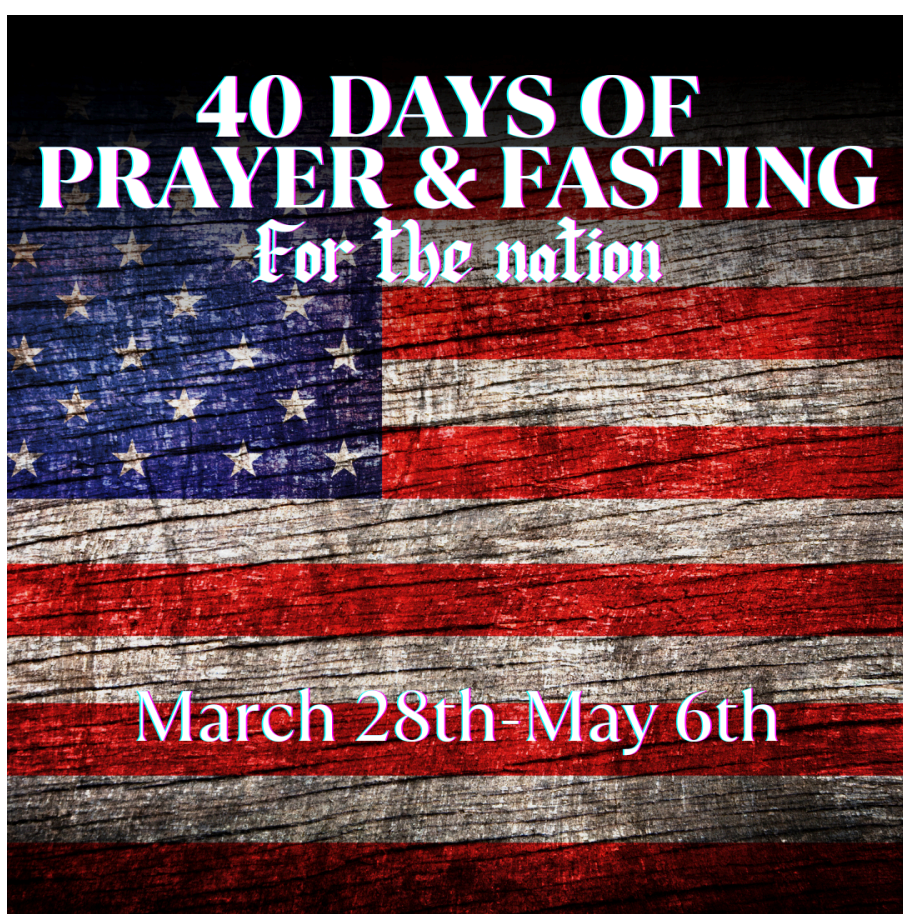
For a complete list of events, please visit [ndcbf.org/events](https://ndcbf.org/events). Select current events are also featured in the events section at the bottom of the [ndcbf.org](https://ndcbf.org) homepage.

Contact [communications@ndcbf.org](mailto:communications@ndcbf.org) with any questions.

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## FEATURED RESOURCES

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[Click Here For Prayer Guide](#)

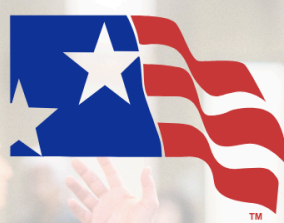


Join us in the sanctuary to pray as a family, followed by Community Pray & Go, where we will go out into surrounding neighborhoods to pray. Steeped in community outreach, this is a wonderful opportunity for ministries to practice what we believe--praying for everyone according to 1 Timothy 2:1-2. This will be a great experience for those who are interested in evangelism. All are welcome, bring a friend!



[Register](#)

**NATIONAL  
DAY OF  
PRAYER**



**"TELL OF HIS GLORY AMONG THE NATIONS,  
HIS WONDERFUL DEEDS AMONG ALL  
THE PEOPLES."**

**-1 CHRONICLES 16:24 NASB**

**THURSDAY, MAY 7<sup>TH</sup> 12PM-1PM  
NDCBF SANCTUARY**

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## **WARNING**

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If you receive any solicitation emails addressed from Pastor Edwards, or any of the church's leadership, or staff, please report to [communications@ndcbf.org](mailto:communications@ndcbf.org) immediately. No one in the NDCBF leadership or staff will ever contact you for any donations. Please remain alert, and when in doubt, always reach out with questions or concerns. Thank you!

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## **THE WELLNESS CORNER**

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### **Honoring God Through Healthy Living**

#### **Scripture:**

"Do you not know that your bodies are temples of the Holy Spirit... therefore honor God with your bodies." 1 Corinthians 6:19-20

#### **Spring Into Renewal**

April is a season of new beginnings. As nature blooms, take time to renew your body, mind, and spirit. Small changes can lead to lasting health and wellness.

#### **Nourish Your Body**

- Eat more fresh fruits & vegetables
- Drink 6–8 glasses of water daily
- Reduce processed and sugary foods

#### **Move Daily**

- Walk 15–30 minutes
- Stretch or do light exercise
- Stay active and consistent

#### **Care for Your Spirit & Mind**

- Spend time in prayer and quiet reflection
- Practice gratitude daily
- Rest and trust God in every season

#### **Wellness Reminder**

Take care of your heart—physically and spiritually. Schedule check-ups and release stress, worry, and unforgiveness.

#### **April Encouragement**

Your body is God's temple. Honor Him by making healthy choices—one step at a time.

Dr. Brenda Wakefield, PhD.

Holistic Natural Health & Nutrition Practitioner

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