

(sermon notes)

# Winning over Worry

Phil. 4:1-9

- 1) Determine that you will \_\_\_\_\_ no matter what happens.

*“Rejoice in the Lord always. I will say it again: Rejoice!” (v. 4)*

- 2) Don't use worry as an \_\_\_\_\_ for being \_\_\_\_\_ with those around you.

*“Let your graciousness be known to everyone.....” (v. 5a)*

- 3) Remember that \_\_\_\_\_.

*“...The Lord is near.” (v. 5b)*

- 4) Turn your \_\_\_\_\_ list into your \_\_\_\_\_ list.

*“Don't worry about anything, but in everything, through prayer and petition with thanksgiving, present your requests to God.” (v. 6)*

- 5) Make sure to \_\_\_\_\_ for every \_\_\_\_\_.

*“...with thanksgiving....” (v. 6)*

- 6) Trust God to guard your \_\_\_\_\_ and \_\_\_\_\_ with supernatural \_\_\_\_\_.

*“And the peace of God, which surpasses all understanding, will guard your hearts and minds in Christ Jesus.” (v. 7)*



- 7) \_\_\_\_\_ constantly with \_\_\_\_\_ things.

*“Finally brothers and sisters, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable -- if there is any moral excellence and if there is anything praiseworthy -- dwell on these things.” (v. 8)*

- 8) Keep \_\_\_\_\_ what you're \_\_\_\_\_.

*“Do what you have learned and received and heard from me, and seen in me, and the God of peace will be with you.” (v. 9)*