

(sermon notes)

# The Secret of Contentment

Phil. 4:10-13

*“In any and all circumstances  
I have learned the secret of being content....”  
(Phil. 4:12)*

Being \_\_\_\_\_ is not the same as being \_\_\_\_\_!

## How to Cultivate True Contentment:

- 1) Choose to \_\_\_\_\_ for what you do have rather than \_\_\_\_\_ about what you don't have.

*“Do everything without grumbling and arguing....” (Phil. 2:14)*

*“...through prayer and petition with thanksgiving....” (Phil. 2:7)*

*“Give thanks in everything; for this is God's will for you in Christ Jesus.” (1 Th. 5:18)*

- 2) Choose to \_\_\_\_\_ in the \_\_\_\_\_ and sovereignty of God rather than allowing your \_\_\_\_\_ to grow \_\_\_\_\_.

*“...whether well fed or hungry, whether in abundance or in need.”  
(Phil. 4:12)*

*“The Lord gives, and the Lord takes away. Blessed be the name of the Lord.” (Job 1:21b)*

DISCONTENTMENT grows out of an increasing dissatisfaction with God for . . .

- \_\_\_\_\_ He has allowed us to \_\_\_\_\_.
- \_\_\_\_\_ He has allowed us to \_\_\_\_\_.
- what He has allowed to \_\_\_\_\_.



- 3) Choose to \_\_\_\_\_ the \_\_\_\_\_ rather than the things that will \_\_\_\_\_.

*“But godliness with contentment is great gain....” (1 Tim. 6:6-11)*

*“Set your minds on things above, not on earthly things.” (Col. 3:2)*

*“Watch out and be on guard against all greed, because one's life is not in the abundance of his possessions.” (Luke 12:15)*

- 4) Choose to use what you have to \_\_\_\_\_ rather than \_\_\_\_\_ what others have.

*“You shall not covet...” (Ex. 20:17)*

- 5) Choose to live as a \_\_\_\_\_ rather than a \_\_\_\_\_ of your \_\_\_\_\_.

*“I am able to do all things through Him who strengthens me.” (Phil. 4:13)*

*“...in all these things we are more than conquerors through Him who loved us.” (Rom. 8:37)*