

**BE STILL AND KNOW THAT I AM GOD****Psalm 46**

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CVC – El Paso, TX Visit

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**I. You Can Have COURAGE in the Midst of Calamities Because God Is With You**

*Psalm 46:1 God is our refuge and strength, a very present help in trouble.*

- God is never OUTSIDE of our trouble. He's always IN IT with us! That's ONE of the things that makes Christianity DISTINCT from so many other religions...GOD WITH US!

- And so how should that AFFECT you IF He's in it with you?

*Psalm 46:2 Therefore we will not fear...*

**II. You Can Have JOY in the Midst of Political Confusion Because God has Always Been Doing Something Bigger than What Political Parties and Earthly Powers Could Ever Do**

Right in the middle of what LOOKS like chaos...and confusion... the Psalmist REMINDS us of what God is doing that CANNOT be shaken... OR TAKEN away from us.

*Psalm 46:4-6 There is a river whose streams shall make glad the city of God, The holy place of the tabernacle of the Most High. <sup>5</sup>God is in the midst of her, she shall not be moved; God shall help her, just at the break of dawn. <sup>6</sup>The nations raged, the kingdoms were moved; He uttered His voice, the earth melted.*

- And so WHAT does the Psalmist DO to SETTLE us in the midst of political upheaval and dramatic change?

- And so what ARE the emotions that this river... and this city STIR UP  
In God's people?

GLADNESS and STEADFASTNESS!

*v.4 There is a river whose streams shall make glad the city of God.*

*v.5 God is in the midst of her, she shall not be moved.*

### III. Take a Deep Breath so that You Can LOOK at God and the Let God Be God!

How in the world am I supposed to get THAT kind of JOY and CONFIDENCE in the midst of all the confusion and NOISE that's going on in my LIFE and our WORLD today?

*v.8 Come, behold, the works of the Lord.*

*v.10 Be still, and know that I am God.*

#### A. Take Another Look at Who's Really in Charge of History

*Psalm 46:8 Come, behold, the works of the Lord, who has made desolations in the earth.*

#### B. Take a Step Back and Rest in the SOVEREIGNTY of God

*Psalm 46:10 Be still, and know that I am God.*

### IV. Conclusion

Do you know God intimately? So that you can REST in Him COMPLETELY? Or do you just have information ABOUT God? There's a big difference.

And could it be that you FEEL like a stranger to God, BUT it's because you have YET to lay down your own AGENDA and let God be God?

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