

# How to Make Your 525,600 Count



Psalm 90  
Pastor Jeff MacLurg

## How do you measure your life?

Psalm 90 – A Psalm of Moses

The key verse: *Teach us to number our days aright...so that we may gain a heart of wisdom* (12).

### LIFE'S ONE CERTAINTY (1-2)

There is no security like being...

### A SOBERING LOOK AT LIFE (3-11)

1. God is \_\_\_\_\_, and I'm not (3-6).
2. God is \_\_\_\_\_, and I'm not (7-9).
3. Life is \_\_\_\_\_, so God can \_\_\_\_\_ (10-11).

### PSALM 90'S TURNING POINT

*Teach us to number our days aright, so that we may gain a heart of wisdom* (12).

## HOW DO WE MAKE OUR 525,600 COUNT? (13-17)

1. Become \_\_\_\_\_ in God's love (14).
2. See God's \_\_\_\_\_ in the midst of your pain (15).
3. Ask God to show you what He \_\_\_\_\_ (16).
4. Use your moments for \_\_\_\_\_ beyond today (17).

### Another way to ask this:

1. Did my \_\_\_\_\_ grow deeper?  
How could I change that this year?
2. Did my troubles \_\_\_\_\_ me or \_\_\_\_\_ me?  
What could I do about it in 2024?
3. Did God \_\_\_\_\_ bigger than my life through me?  
What will I do about it this year?

## Small Group Questions

1. Take a few minutes to review what Psalm 90 generally says.
2. Put verse 1 into your own words. Share how this is true for you and where you feel this may be hard for you sometimes.
3. Share which of the four points Pastor Jeff identified in verses 13-17 are especially meaningful to you and why it may stand out for you?
4. Talk about what a person could do to change their answers to the three closing questions this year? Share which one(s) of those three questions you would ask the group to pray with you about as you enter this year.