

# FIGHT

## Fight Week 4 - Armor

### Connect

- Who would win in a fight:
  - King Kong or Godzilla
  - Batman or Superman
  - Gorilla or a Grizzly Bear
- What precautions do you take in your daily life against danger?

### Discuss

#### Read Ephesians 6:10-17

- Knowing how crafty Satan can be, in what ways may Satan be distracting you, irritating you or tempting you?
- In ancient times, the belt held all the other parts of their armor together. Why is God's truth (Scripture) important for our spiritual defense? How have you used Scripture to help you in a battle?
- Breastplate of Righteousness: Protecting your heart by always doing what is right. Tell a story of a time when you knew what the right thing was but you didn't do it. How could doing the right thing protect you?
- Shoes fitted with the Gospel of Peace: Everywhere you go, you represent the Good News about Jesus. How can people see that you're a Christian?
- Helmet of Salvation: This protects our minds from when the devil tries to deceive us out of our relationship with Christ. What are some ways you see the enemy attacking your thoughts?

### Apply

- What pieces of armor are you strong in? How do you think God may want you to use those strengths?
- What armor are you weak in? What steps do you sense God would have you take with Him to grow in areas that you are weak?

### Pray

- Take time to pray for these next steps and any additional prayer requests.

### Upcoming Events

- **God & Country Event** - Sunday, July 4th 10:45am