

WHEN YOU KNOW IT'S NO GOOD, BUT YOU WANT IT SO BAD

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Genesis 2:15-17 NLT

15 The Lord God placed the man in the Garden of Eden to tend and watch over it. 16 But the Lord God warned him, "You may freely eat the fruit of every tree in the garden— 17 except the tree of the knowledge of good and evil. If you eat its fruit, you are sure to die."

WHAT DO YOU DO WHEN YOU KNOW IT'S NO GOOD, BUT YOU WANT IT SO BAD?

1. REHEARSE THE CONSEQUENCES

The enemy is at a grave disadvantage when we become disciplined enough to remind ourselves of the unnecessary drama, delays and disappointment we bring needlessly upon ourselves when our actions and activities are in violation of Gods will

2. REDIRECT OUR CONTEMPLATIONS

Your thoughts can and will if left unchecked cause you to relapse and dismantle all the work you've put into being a better version of yourself

3. REASSESS YOUR COMPANY

You must at one do an inventory on the connections in your life currently to see if they have qualified for you to hold their spot in your life futuristically