

LEARNING TO LET GO

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Genesis 13:8-14 KJV

8 And Abram said unto Lot, Let there be no strife, I pray thee, between me and thee, and between my herdmen and thy herdmen; for we be brethren. Is not the whole land before thee? separate thyself, I pray thee, from me: if thou wilt take the left hand, then I will go to the right; or if thou depart to the right hand, then I will go to the left. And Lot lifted up his eyes, and beheld all the plain of Jordan, that it was well watered every where, before the LORD destroyed Sodom and Gomorrah, even as the garden of the LORD, like the land of Egypt, as thou comest unto Zoar. Then Lot chose him all the plain of Jordan; and Lot journeyed east: and they separated themselves the one from the other. Abram dwelled in the land of Canaan, and Lot dwelled in the cities of the plain, and pitched his tent toward Sodom. But the men of Sodom were wicked and sinners before the LORD exceedingly. And the LORD said unto Abram, after that Lot was separated from him, Lift up now thine eyes, and look from the place where thou art northward, and southward, and eastward, and westward:

There is a dangerous, silent epidemic in the body of Christ today. We have developed a bad habit of holding onto things that have already passed their expiration date. We clutch relationships that are actively draining our spirit. We cuddle with mindsets that are designed to destroy us. We drag the heavy, suffocating luggage of our history into places God is trying to use for our destiny.

Why do we do it? Because holding onto the familiar pain often feels safer than stepping into an unfamiliar promise. We would rather manage the dysfunction we know than trust God for a freedom we have never seen.

But I came with a prophetic disruption for somebody today: there comes a moment in your walk with God when the tax on your past is too high to pay. You cannot drag dead weight into a new dimension.

God is speaking to somebody with absolute urgency right now: Stop holding on to what I am telling you to release! You are carrying burdens you were never built to bear. You are trying to drag people into a future they do not have the spiritual lungs to breathe in. Abram had to learn this the hard way with his nephew, Lot. Lot was blood. Lot was family. Lot was familiar. But Lot was also a ceiling on Abram's revelation.

If you are going to heal your mind, step into your authority, and break the generational strongholds of your past, you have to master the rhythm of release.

Here are four reasons you must learn to let go.

1. RELEASE WHAT IS ROBBING YOU OF YOUR PEACE

Genesis 13:7-8 KJV

And there was a strife between the herdmen of Abram's cattle and the herdmen of Lot's cattle... And Abram said unto Lot, Let there be no strife, I pray thee, between me and thee...

Notice the very first indicator that a separation was necessary. It wasn't a burning bush. It wasn't a lightning strike. It was strife. It was agitation. It was a constant, exhausting friction in the atmosphere.

Here is an uncommon revelation: We always give the devil credit for fighting our peace, but sometimes God is the one disrupting your comfort! When God is shifting your season, He will turn up the heat in your environment so you will stop settling for a situation that is slowly suffocating your spirit. The Holy Ghost will use your lack of peace as an eviction notice.

Many of us are living in constant emotional turbulence because we refuse to release what is robbing us of our rest. You are fighting mental battles every

single night, wrestling with anxiety and unnecessary drama, all because you are trying to hold together something God is actively tearing apart. You are losing sleep trying to resuscitate a situation that God is telling you to bury. Abram felt the tension, read the room, and addressed it immediately. He refused to normalize the noise.

Stop making excuses for the environments that keep you agitated. If it is costing you your peace, the price is too high. Release the guilt of walking away from confusion. Your mental health, your emotional stability, and your spiritual clarity require you to draw a line in the dirt and declare, "Let there be no strife. It is time for us to separate."

2. RELEASE WHAT IS RESTRICTING YOUR GROWTH

Genesis 13:5-6 KJV

And the land was not able to bear them, that they might dwell together: for their substance was great, so that they could not dwell together.

Do not miss the poetry of this text. The problem between Abram and Lot wasn't a curse; it was the blessing. It wasn't that they were living in sin; it was that they had run out of room. The text says "the land was not able to bear them." Their substance was too heavy. Their blessing had outgrown their zip code. The container was simply too small for the oil God was pouring out.

Sometimes God tells you to cut off a person, step down from a position, or walk away from a place, not because that thing is inherently wicked, but because you have simply outgrown the garment! You are shrinking your posture to fit into a space that can no longer contain the anointing, the vision, and the calling on your life. You cannot force a sprawling oak tree into a tiny clay pot without breaking the pot or killing the tree.

Comfortability is the greatest assassin of potential. It tricks you into believing that because something is "good enough," it must be God's best. But when you stay in spaces you have outgrown, your spirit goes sour. You become bitter. You become critical. You become stagnant.

Stop apologizing for your elevation. Stop dumbing down your revelation to make small-minded people feel secure in your presence. If the relationship or the environment cannot bear the weight of what God is building in your life, you have to let it go. Do not allow your loyalty to your history to become the executioner of your destiny.

3. RELEASE THE NEED TO CONTROL EVERYBODY'S CHOICES

Genesis 13:9 KJV

Is not the whole land before thee? separate thyself, I pray thee, from me: if thou wilt take the left hand, then I will go to the right; or if thou depart to the right hand, then I will go to the left.

This is for the fixers in the room. This is for the mothers, the fathers, the intercessors, and the leaders. One of the hardest things for a caring heart to do is to watch grown folks make foolish choices. We want to orchestrate the outcome. We want to protect them from the pain of their own rebellion. We end up trying to play the Holy Ghost in other people's lives, acting as their personal savior because we cannot stomach the thought of them hitting rock bottom.

Look at the staggering swagger and the quiet confidence of Abram. He gave Lot the first choice. He didn't manipulate the map. He didn't try to force Lot into righteousness. He simply said, "You pick. Because no matter which way you go, God is going with me." Lot looked with his carnal eyes, chose the flashy, well-watered plains of Jordan, and pitched his tent toward the wicked city of Sodom. It was a tragic choice. It was a choice that would eventually cost Lot everything he had. But Abram had to let him make it.

Hear me today: You have to resign from the board of directors of everybody else's life. You cannot heal a heart that is in love with its own sickness. You cannot save people from the consequences of choices they stubbornly refuse to change. Holding on to the need to control others will only produce mental exhaustion and a self-sabotaging mindset in your own spirit. You are walking around carrying the guilt and shame for decisions you did not even make!

Give them back to God. Trust that the God who covers your life has the power to handle theirs. Release your grip on their steering wheel. Let them make their bed, and you focus on walking out the obedience God has required of you.

4. RELEASE THE PAST SO YOU CAN RECOGNIZE NEW POSSIBILITIES

Genesis 13:14 KJV

And the Lord said unto Abram, after that Lot was separated from him, Lift up now thine eyes, and look from the place where thou art northward, and southward, and eastward, and westward.

This is the climax of the text. This is where the shift happens. Do not miss the rhythm of this revelation. God spoke to Abram, and gave him the panoramic vision of his inheritance, after that Lot was separated from him.

Let me say it so you feel it in your spirit: God won't show you where you can go until your Lot is gone!

God withheld the coordinates of Abram's destiny until Abram dealt with his attachments. The revelation of your future is entirely dependent on your willingness to release your present. God could not show Abram the north, the south, the east, or the west as long as Lot was standing in his line of sight.

As long as you are clinging to the baggage of your past - your old traumas, your previous failures, your lingering shame, and the people who were only cast to play a temporary role in your life - you will be blind to the new possibilities God is trying to drop into your spirit. Your hands are too full of yesterday's pain to grasp tomorrow's provision.

Satan's entire hustle is to keep you looking backward in the rearview mirror of your life. He wants you triggered by old wounds. He wants you paralyzed by guilt over what didn't work out. He wants you mourning over a season that God has already canceled!

But God is saying to you right now, "Once you separate from the dead weight, I am going to open your eyes." There is a fresh anointing waiting on the other side of your obedience. There is a new dimension of influence, provision, and mental healing waiting for you. But you cannot lay hands on your future while your fists are tightly clenched around your past.

Open your hands today. Release the pain. Release the people. Release the need to control. Stop fighting God over a separation He orchestrated for your protection! When you finally let it go, when your Lot is finally gone, God will step into your situation and declare: "Now, lift up your eyes." Your best days are not behind you; they are standing right in front of you. Let go of what is dead, so you can grab hold of what is alive!