



Discipleship Follow-Up for Sunday 7/12/26

Peace Has a Name — Holy Spirit

This teaching presents the Holy Spirit as the name and presence of true peace in the life of a believer. Peace is described as more than calmness; it is the confident strength to know who we are in Christ, walk in obedience, stand for righteousness, and remain surrendered to God's commands. Through John 14:15-31, Matthew 11:28-30, and Ephesians 5:22-33, the message connects love, obedience, marriage vows, surrender, and the work of the Holy Spirit. The Holy Spirit empowers believers to live yoked with Jesus, not merely showing up to faith but walking in step with Him. True rest comes when believers stop resisting the yoke of Christ and allow the Holy Spirit to lead them into humility, strength, obedience, and peace.

1. How does this teaching define peace differently from simply having a calm demeanor?
2. What does it mean to recognize who you are in Christ and then confidently walk in that direction?
3. In John 14:15, Jesus says, "If you love me, you will keep my commands." How does obedience reveal the condition of our love for Him?
4. Where are you most tempted to pick and choose which commands of God you will follow?
5. How does the Holy Spirit help believers stand for righteousness when compromise feels easier?
6. What does it mean to be yoked with Jesus according to Matthew 11:28-30?
7. What is the difference between "showing up" to faith and truly "yoking up" with Jesus?
8. How can marriage, vows, and covenant faithfulness become a picture of peace lived out before the world?
9. Where do you need the Holy Spirit to bring strength under control so that your life reflects righteousness instead of pride or rebellion?
10. If peace has a name and a way, what practical step of obedience is the Holy Spirit calling you to take this week?

Conclusion: Peace is not passive, weak, or disconnected from obedience. Peace has a name: the Holy Spirit. He is the presence of God within believers, giving strength, direction, conviction, and rest. When we love Jesus, keep His commands, and willingly take His yoke upon us, we discover that His burden is light because we are not carrying it alone. The Holy Spirit teaches us to live with courage, humility, self-control, and surrender. The invitation is not merely to know about peace, but to become people who carry peace into every relationship, decision, and act of obedience.