

# RESET

## PART 1: RETHINK

### OBJECTIVE:

HOW IS THIS CRISIS CAUSING YOU TO RETHINK YOUR LIFE?  
ARE YOU READY FOR THE NEXT ACT? INSTRUCTIONS: JOHN 3:1-5

### PLAY:

#### JOURNAL/DOODLE/LIST/DREAM

- PARTS OF OUR IDENTITIES THAT WERE ONCE SET IN STONE MAY NEED TO BE RECONSIDERED NOW.
- WHO ARE YOU? (LIST ALL THE ROLES YOU PLAY AND LABELS YOU BELIEVE YOU HAVE)
- WHO DO YOU WANT TO BE IN YOUR RELAUNCH?

### MULTIPLAYER: TALK TO ANOTHER

MUCH OF OUR LIVES ARE BUILT UPON 'ALWAYS' AND 'NEVER' STATEMENTS ("MYTHS"). WHAT DID YOU THINK WOULD ALWAYS BE TRUE, BUT NOW NEEDS TO BE REEXAMINED? WHAT HAVE YOU RULED OUT AS NEVER POSSIBLE THAT ACTUALLY COULD BE REALITY?



### PRAYER OF CONFESSION/GRACE:

CONFESS TO GOD ALL THAT YOU HAVE BEEN TRYING TO CONTROL, HABITS YOU NEED TO CHANGE, OPPORTUNITIES YOU HAVE MISSED WITH GOD OR OTHERS. ASK FOR AND FEEL FORGIVENESS AND GRACE: THAT YOU ARE RIGHT WHERE YOU NEED TO BE, THAT GOD HAS NOT ABANDONED YOU, THAT YOU ARE ENOUGH, THAT THERE IS ALWAYS ANOTHER CHANCE.