

## Fail Forward Wk 2

### Opening Prayer

#### Locator Question

- How is it with your soul?
  - *This kind of language may be churchy for some. So think: How are you on the inside? Downcast? Joy-filled? Weary? Well?*

#### Guiding Scripture

- Mark 8:27-38, CEB

#### Scripture Discussion

- Why do you think Jesus ask his disciples, “who do people say that I am?” (Mark 8:27)
- Why do you think Jesus instructed his disciples not to share with others who he was? (Mark 8:30)
- What does Jesus mean when he says, “all who want to save their lives must lose them?” (Mark 8:35)

#### Scripture Application

- Peter gets the “what” of Jesus (him being the Messiah) right, but confuses the “how” and then later the “why.” What do you think blinds him from seeing and receiving Jesus response? (Mark 8:31-32)
- What is the difference between “divine things” and “human things?” (Mark 8:33)
- Where do you miss the “why?” Where do you see “human things” and not “divine things?”

#### Theological Reflection

- Jesus asks, “who do you say I am?” Who do you say Jesus is?
- This question is a theological cornerstone of what it means to be Christian. Why does Jesus matter?
- How does knowing why Jesus matter impact how you live?

#### Transformation Question

- How might the Holy Spirit be speaking and moving in your life?
  - *We often feel little nudges in life. This question helps us to put more intention towards noticing, naming and defining a purpose behind the nudges God places into the daily rhythm of life.*

#### Weekly Roadmap

- Commit to reading the scripture for week 3: Luke 22:14-60, CEB
- Three times this week engage in *The Prayer of Examen*\*\* . Use the attached file to guide your prayer time.
- Spend time daily in individual prayer asking God: Who do I say that Jesus is?
- As you continue to look and pray for places of impact, ask yourself, why is your impact important?

#### Closing Prayer

\*\**The Examen Prayer card and instructions are attached (examen.png)*



# *the* EXAMEN

The *Examen* is a method of reviewing your day in the presence of God. It's actually an attitude more than a method, a time set aside for thankful reflection on where God is in your everyday life. It has five steps, which most people take more or less in order, and it usually takes 15 to 20 minutes per day. Here it is in a nutshell:

- 1** **Ask God for light.**  
*I want to look at my day with God's eyes, not merely my own.*
- 2** **Give thanks.**  
*The day I have just lived is a gift from God. Be grateful for it.*
- 3** **Review the day.**  
*I carefully look back on the day just completed, being guided by the Holy Spirit.*
- 4** **Face your shortcomings.**  
*I face up to what is wrong—in my life and in me.*
- 5** **Look toward the day to come.**  
*I ask where I need God in the day to come.*

Version of the Examen from *A Simple, Life-Changing Prayer* by Jim Manney © Loyola Press