

Fail Forward Wk 3

Opening Prayer

Locator Question

- How is it with your soul?
 - *This kind of language may be churchy for some. So think: How are you on the inside? Downcast? Joy-filled? Weary? Well?*

Guiding Scripture

- Luke 22:31-60, CEB

Scripture Discussion

- What do you make of Jesus taking time to pray for his disciples? (Luke 22:32)
- Why do you think Jesus was overcome with grief when he found his disciples sleeping (Luke 22:45)
- What do you make of Peter's denial of Jesus (Luke 22:54-60)

Scripture Application

- On 6 different occasions during this passage Jesus either prays himself, or instructs others to do the same. What might this tell us about the benefits of prayer in times of crisis?
- What might it look like to go to God in prayer with the same sort of passion and intensity that Jesus did in Luke 22:39-46?
- Question

Theological Reflection

- Even though Jesus prays for Peter's faith to not fail, he ends up faltering and denying Jesus. What sorts of theological implications does this have on prayer, God and failure?
- We see Jesus pray that if possible, that he wouldn't have to suffer death on the cross. Reflect theologically on what Jesus' prayer tells us, but also what his posture of prayer tells us about how we ought to pray?

Transformation Question

- How might the Holy Spirit be speaking and moving in your life?
 - *We often feel little nudges in life. This question helps us to put more intention towards noticing, naming and defining a purpose behind the nudges God places into the daily rhythm of life.*

Weekly Roadmap

- Commit to reading the scripture for week 4: Acts 2:38-47, CEB
- Four times this week engage in *The Prayer of Examen***. Use the attached file to guide your prayer time.
- Spend time daily in individual prayer asking God: Where might I be denying Christ in my everyday life?
- As you continue to look and pray for places of impact, ask yourself how you can move from denial into an embrace?

Closing Prayer

**The Examen Prayer card and instructions are attached (examen.png)



the EXAMEN

The *Examen* is a method of reviewing your day in the presence of God. It's actually an attitude more than a method, a time set aside for thankful reflection on where God is in your everyday life. It has five steps, which most people take more or less in order, and it usually takes 15 to 20 minutes per day. Here it is in a nutshell:

- 1** **Ask God for light.**
I want to look at my day with God's eyes, not merely my own.
- 2** **Give thanks.**
The day I have just lived is a gift from God. Be grateful for it.
- 3** **Review the day.**
I carefully look back on the day just completed, being guided by the Holy Spirit.
- 4** **Face your shortcomings.**
I face up to what is wrong—in my life and in me.
- 5** **Look toward the day to come.**
I ask where I need God in the day to come.

Version of the Examen from *A Simple, Life-Changing Prayer* by Jim Manney © Loyola Press