

# HOPE

Healing | Overcoming | Preparing | Equipping

"Let this mind be in you..."

BY PASTOR GARDNER

It is both enlightening and revelatory to understand that Christ is the head of the body, the church, and that through new birth we become a part of His body. As the head, Christ is responsible for critical functions such as thinking, processing, planning, and instructing, while the body follows His lead. Christ's direction for us is to be of one mind and in alignment with His will. This requires us to possess the mind of Christ, which is characterized by unity, a deep understanding of our faith, and humility. The seeds of which are planted by repentance, water, and Spirit baptism.

This realization affords us a fresh perspective on mental health issues and addictions. By viewing all forms of sickness and disease through the lens of the power and authority of the mind of Christ, we understand that all things are possible. We can experience deliverance, healing, and victory as we seek to have the mind of Christ within us. As the HOPE Ministry believes, Jesus can instantly heal and deliver, but sometimes the process is necessary.

In summary, the understanding of Christ as the head of the church and the importance of having the mind of Christ aligns us with His will and empowers us to approach life's challenges with faith and confidence in His power. May we all echo the words of the apostle Paul and seek to have the mind of Christ within us. "Let this mind be in you, which was also in Christ Jesus. Amen."

## Scriptures

Philippians 2:5  
Colossians 1:18  
Romans 15:6  
Galatians 3:27  
2 Timothy 1:7  
Proverbs 23:7  
Philippians 4:8  
Romans 15:4-6, 13

## Questions

1. How did the message personally speak to you?
2. What does it mean to you to have the mind of Christ?
3. What are some ways we can have victory in our mind?
4. Do you have a testimony of deliverance in the areas of Mental Health or Recovery?
5. Any prayer requests in areas of mental health or recovery?