



SR^C **FAST** *Daily Devotion*

Day 14: Sunday, January 18th

READ: Matthew 5:1-14

Blessed are those who hunger... If you can relate to that, spend time meditating on this passage called the Beatitudes. Make a point today to count your blessings. Keep a journal with you all day to write down the blessings that God brings to your mind. Pray to thank Him for the blessings, even the ones that come as a result of enduring hardships or trials.