

Freedom that Lasts: Introduction

Question 1: What is Freedom that Lasts?

Freedom That Lasts is a Christ-centered, Bible-based, local-church-focused discipleship ministry seeking to rescue those enslaved to life-dominating sins or overcome by hurtful events of life and to encourage evangelistic and discipleship efforts as a lifestyle in the local church.

Question 2: What are the primary Components of the program?

Weekly teaching sessions

Self-paced workbooks

Daily Journaling

Testimonies and Fellowship

Check-in Groups

Question 3: How are we going to structure our program?

- **Sunday Morning Sunday School: 9:15-10:15** (auditorium)
 - **Welcome**
 - **Song**
 - **Testimonies and Prayer**
 - **Teaching**
 - **Recognition of those who completed sections in their book**
- **Midweek Check-in groups: 7:40** (Front Conference Room)
 - **Small Groups:** (Men with men and ladies with ladies)
 - **Outside check-in will be available for sensitive situations per request.**
 - **Fellowship and snacks**

Question 4: What is the immediate goal of the program?

- Exposure to the program for those who may be interested in future ministry opportunities.
- Simple discipleship structure to encourage our church family.
- Outreach opportunities.
- Tools to begin using immediately with opportunities God provides.

Question 5: What is the long-term goal of the program?

- We want to be a place where hurting and troubled people can find hope and victory.
- We want every believer to become well-grounded in the faith.

- We want to build a disciple-making community.
- We want to equip the church, not just the leadership to be able to engage those in their sphere.
- We want to get good resources into the hands of every church member.

Question 6: What is the basic philosophy of the program?

- **God created everything in a perfect way, and the fall changed everything.**
 - **The original design: dependance upon God and subordinate to His rule.**
 - **The effects of the fall:**
 - Sin now indwells the heart: **Romans 7:17-22**
 - All temptations are common to man and entice us to live outside of God's design: **1 Corinthians 10:13**
 - We are all prone to certain potential patterns or behaviors that are unique to us because of our circumstances and personality: **James 1:14**
 - While all sin is wrong, not all sins affect our minds and bodies the same way: **Proverbs 6:25-29**
 - Behind every sinful choice is a decision to embrace a lie.
 - Addictions are not diseases, but rather dependency disorders that have developed through repeated sinful choices: **Proverbs 3:5-6**
 - **The effects of redemption:**
 - The gospel is the only source of lasting freedom.
 - The gospel when applied properly brings freedom from sins penalty and power: **Romans 6**
 - God ordained the local church to be the place where we bear one another's burden and grow into Christlikeness: **Galatians 6**
 - When the ordinary does not seem to work, we need to step back, evaluate the foundations, get help from spiritually mature individuals, and with there help, begin to establish healthy patterns.
 - You do what you do, because you are who you are: **Matthew 12:34**
 - We must address matters at the heart level to see sustained behavioral change: **Proverbs 4:23**
 - **The importance of spiritual growth: 2 Peter 1:5-7, 10**