

## **Strongholds Fortress or Prison?**

2 Samuel 22:2-3 “The Lord is my rock, my fortress and my deliver; my God is my rock, in whom I take refuge, my shield and the horn of my salvation. He is my stronghold, my refuge and my savior - from the violent people you save me.” (NIV)

Stronghold: **A Fortified Place**

Old Testament writers saw a stronghold as a **Fortress**

New Testament writers saw a stronghold as a **Prison**

2 Corinthians 10:4 “The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds”

In order to move toward a Biblical view of strongholds we must:

### **Renew**

Romans 12:2 “Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.”

Colossians 3:2 “Set your minds on things above, not on earthly things.”

Romans 8:5 “Those who live according to the Spirit have their minds set on what the Spirit desires”

Phillipians 4:8 “Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable - if anything is excellent or praiseworthy - think about these things.”

### **Replace**

Hebrews 4:12 “For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.”

### **Reframe**

Proverbs 15:4 The soothing tongue is a tree of life, but a perverse tongue crushes the spirit.”