

## + **TITLE:** Unresolved Conflict

Text: Romans 7:14-20 NASB

### Two general responses to Conflict:

1. **Fight**
2. **Flight**

### When Unresolved Conflict is in my Life:

1. It **robs** me of **peace**

*“Peace I leave with you; My peace I give to you; not as the world gives do I give to you...” (John 14:27) NASB*

2. I become **defensive**
3. **Bitterness** sets in

*“The heart knows its own bitterness, and a stranger does not share it’s joy” (Prov. 14:10) NASB*

4. I start to be **resentful**

Df: (Webster) – “to feel or express annoyance or ‘ill will’”

5. I’m limited in my **maturity** & growth

### How I can Achieve Resolve:

1. Realize relationships are a **gift**—not a **burden**
2. Realize we may have placed an unreal **expectation** on self & others.
3. Ask God to **search** your **heart**

*“Vindicate me, O Lord, for I have walked in my integrity, and I have trusted I the Lord without wavering. Examine me, O Lord, and try me; test my mind and my heart. (Ps. 26:1-2) NASB*

*“Search me, O God, and know my heart; try me and know my anxious thoughts; and see if there be any hurtful way in me, and lead me in the everlasting way.” (Ps. 139:23-24) NASB*

*"The humble have seen it and are glad; you who seek God, let your heart revive." (Ps. 69:32) NASB*

4. Decide between **Right** or **Wise**
5. Find a **Lightning Rod** of Wisdom

*"Create in me a clean heart, O God, and renew a steadfast spirit within me. Do not cast me away from Your presence and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation and sustain me with a willing spirit" (Ps. 51:10-12) NASB*