

More Than Enough Our God Provides

Matthew 6:25-34 NRSV

*'Therefore I tell you, do not worry about your life, what you will eat or what you will drink,^[i] or about your body, what you will wear. Is not life more than food, and the body more than clothing? 26 Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? 27 And can any of you by worrying add a single hour to your span of life?^[k] 28 And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, 29 yet I tell you, even Solomon in all his glory was not clothed like one of these. 30 But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? 31 Therefore do not worry, saying, "What will we eat?" or "What will we drink?" or "What will we wear?" 32 For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. 33 But **strive** first for the kingdom of God^[j] and his^[m] righteousness, and all these things will be given to you as well.*

1. Worry **doesn't** work.

- Worry **Drains**
- Worry **Distracts**
- Worry **Distorts** your vision
- Worry is a **False Promise**

Philippians 4:6 (NIV) *"Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God."*

1 Peter 5:7 (NIV) *"Cast all your anxieties on him, because he cares for you."*

2. God's got **you**.

- Don't forget who you are

Psalms 139:14 (NIV) *I praise you, because I am fearfully and wonderfully made.*

James 1:17 (NIV) *Every good and perfect gift is from above.*

3. **Strive** first for the Kingdom.

Luke 12:34 (NIV) *For where your treasure is, there your heart will be also.*

Betheny McDaniel:

Yesterday is gone - forget it

Today is here - use it

Tomorrow is coming - don't worry about it