

Summer in the Psalms

Psalms of Ascent -
Recalibrate

PSALM SERIES - WEEK #11
1MOSAIC CHURCH
AUGUST 10, 2025

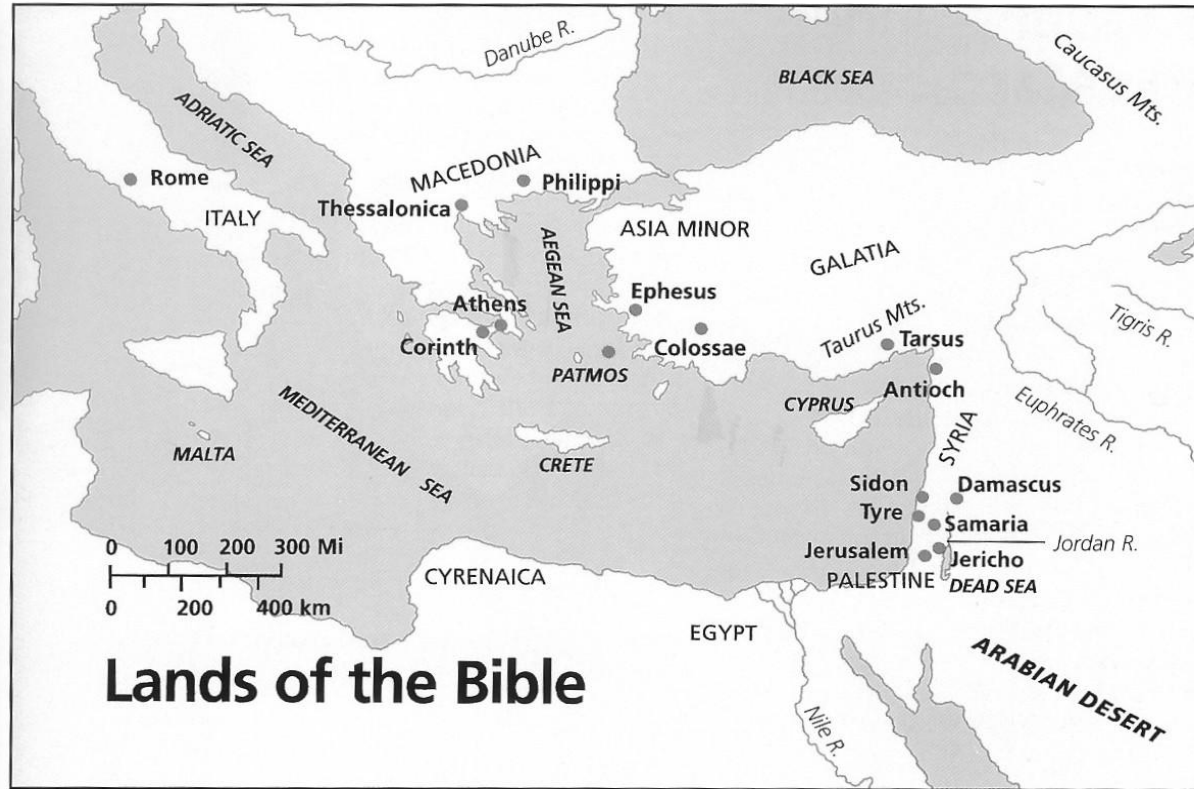
Psalms of Ascent / Recalibrate

- ◎ The Psalms of Ascent (120-134): “Shiray Hammaloth”
 - Song of the Steps / Songs of Ascending / Songs while Climbing
- ◎ Pilgrim Feasts: 3x a year Jews made this Pilgrimage
 - Exodus 23:14-17; Exodus 34:22-24; Deuteronomy 16:16
 - Spring (Passover); Summer (Pentecost) & Fall (Tabernacles)
 - Luke 2:41-42 records Jesus traveling to the Temple
- ◎ Temple Steps: The 15 Steps leading Up to the Temple
 - The most famous set of steps in Israel are these 15 steps.
- ◎ Authorship?
 - Four of the psalms are ascribed to David, one to Solomon,

NIV Psalm 120:1-7 *A song of ascents. I call on the LORD in my distress, and he answers me. ² Save me, O LORD, from lying lips and from deceitful tongues. ³ What will he do to you, and what more besides, you deceitful tongue? ⁴ He will punish you with a warrior's sharp arrows, with burning coals of the broom bush. ⁵ Woe to me that I dwell in Meshek, that I live among the tents of Kedar! ⁶ Too long have I lived among those who hate peace. ⁷ I am for peace; but when I speak, they are for war.*

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The Middle East in the Days of Jesus



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NIV Psalm 121:1-8 *A song of ascents. I lift up my eyes to the mountains – where does my help come from? ² My help comes from the LORD, the Maker of heaven and earth. ³ He will not let your foot slip – he who **watches** over you will not slumber; ⁴ indeed, he who **watches** over Israel will neither slumber nor sleep. ⁵ The LORD **watches** over you – the LORD is your shade at your right hand; ⁶ the sun will not harm you by day, nor the moon by night. ⁷ The LORD will **keep** you from all harm – he will **watch** over your life; ⁸ the LORD will **watch** over your coming and going both now and forevermore.*

NIV Psalm 133:1-3 *A song of ascents. Of David. How good and pleasant it is when God's people live together in **unity**! ² It [unity] is like precious oil poured on the head, running down on the beard, running down on Aaron's beard, down upon the collar of his robe. ³ It [unity] is as if the dew of Hermon were falling on Mount Zion. For there [the place of unity] the LORD bestows his blessing, even life forevermore.*

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*“Not what a man is in himself as a Christian, his spirituality and piety, constitutes the basis of our community. What determines our brotherhood is what that man is **by reason of Christ**. Our community with one another consists solely in what Christ has done to **both** of us.”*

– *Life Together* by Dietrich Bonhoeffer (the book begins with Psalm 133:1)

◎ **Take Away #1: Deal with your Junk!**

NLT Matthew 7:3 And why worry about a speck in your friend's eye when you have a log in your own?

◎ **Take Away #2: Look Up First! Then Watch...**

NLT Psalm 34:17 The LORD hears His people when they call to Him for help. He rescues them from all their troubles.

◎ **Take Away #3: Be Committed to Unity**

*NIV John 17:20-23 "My prayer is not for them alone. I pray also for those who will believe in me through their message, ²¹ that all of them may be one, Father, just as you are in me and I am in you. ²³ ...May they be brought to **complete unity** to let the world know that you sent me and have loved them even as you have loved me.*