

EVERYDAY LIFE – REST NOW

“.....that I may know him and the power of his resurrection.....”

PHILIPPIANS 3:10a (ESV)

WHEN WAS THE LAST TIME YOU RESTED?

SABBATH – A CESSATION (_____) FROM LABORING

TWO RESTS:

A _____ REST.

DEUTERONOMY 5:12-14 (AMPC)

WHY?

DEUTERONOMY 5:15 (AMPC)

YOU PRACTICE SABBATH TO _____.

A _____ REST.

HEBREWS 4:9-16 (ESV)

WE CAN REST, BECAUSE.....

JESUS SATISFIED THE LAW.

JESUS ATONED FOR ALL OF OUR SINS.

HE IS THE PLAN FOR CEASING ALL OUR “_____.”

WE CAN REST, BECAUSE EVERYTHING IS _____ IN THE _____.

WE CAN REST, BECAUSE HE _____.

**WE CAN REST, BECAUSE THERE IS _____ AND
_____ TO BE HAD.**

WE CAN REST, BECAUSE THERE IS NO MORE _____ TO BE DONE!

2 CORINTHIANS 5:21 (ESV)

WHAT’S TO BE GAINED BY SABBATH?

ISAIAH 58:13-14 (MSG)

**A FINAL THOUGHT: “WE CANNOT _____ IF WE CANNOT _____.”
REBEKAH LYONS**