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BIBLE

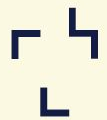
PRAYER

COMMUNITY

SABBATH

CONFESSION

EVANGELISM



Fostering spiritual
disciplines for our
flourishing

Exodus 20:1-11

And God spoke all these words, saying, ² “I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery. ³ “You shall have no other gods before me.



Exodus 20:1-11

⁴ “You shall not make for yourself a carved image, of any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth.



Exodus 20:1-11

⁵ You shall not bow down to them or serve them, for I the Lord your God am a jealous God, visiting the iniquity of the fathers on the children to the third and the fourth generation of those who hate me, ⁶ but showing steadfast love to thousands of those who love me and keep my commandments.

Exodus 20:1-11

⁷ You shall not take the name of the Lord your God in vain, for the Lord will not hold him guiltless who takes his name in vain. ⁸

“Remember the Sabbath day, to keep it holy.

⁹ Six days you shall labor, and do all your work,



Exodus 20:1-11

¹⁰ but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates.



Exodus 20:1-11

¹¹ For in six days the Lord made heaven and earth, the sea, and all that is in them, and rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.



SABBATH

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“Whether we know the term sabbath or not, we the harried citizens of late modernity yearn for the reality. We need Sabbath, even though we doubt that we have time for it.”

Dorothy Bass



¹⁵ You shall remember that you were a slave in the land of Egypt, and the Lord your God brought you out from there with a mighty hand and an outstretched arm. Therefore the Lord your God commanded you to keep the Sabbath day.

Deuteronomy 5:15 ESV



³ Six days shall work be done, but on the seventh day is a Sabbath of solemn rest, a holy convocation. You shall do no work. It is a Sabbath to the Lord in all your dwelling places.

Leviticus 23:3 ESV



“that is a wall fell on top of someone on the Sabbath, only enough rubble could be removed to find out how badly the person was injured. If he was not injured too badly, then he must be left until the Sabbath ended, when the rescue could be completed.”

Philip Graham Ryken

Thus the heavens and the earth were finished, and all the host of them. ² And on the seventh day God finished his work that he had done, and he rested on the seventh day from all his work that he had done. ³ So God blessed the seventh day and made it holy, because on it God rested from all his work that he had done in creation.

Genesis 2:1-3 ESV



²⁷ And he said to them, “The Sabbath was made for man, not man for the Sabbath.”



“Just as Eve was created so that man wouldn’t have to live alone, the Sabbath was created so that man wouldn’t have to live exhausted.”

Justin Huffman



¹⁶ Therefore let no one pass judgment on you in questions of food and drink, or with regard to a festival or a new moon or a Sabbath.¹⁷ These are a shadow of the things to come, but the substance belongs to Christ.

Colossians 2:16-17 ESV



¹³ You are to speak to the people of Israel and say, ‘Above all you shall keep my Sabbaths, for this is a sign between me and you throughout your generations, that you may know that I, the Lord, sanctify you.

Exodus 31:13 ESV



⁵ One person esteems one day as better than another, while another esteems all days alike. Each one should be fully convinced in his own mind.



¹⁰ I was in the Spirit on the Lord's day, and I heard behind me a loud voice like a trumpet.

⁷ On the first day of the week, when we were gathered together to break bread, Paul talked with them, intending to depart on the next day, and he prolonged his speech until midnight.

² On the first day of the week, each of you is to put something aside and store it up, as he may prosper, so that there will be no collecting when I come.

Revelation 1:10; Acts 20:7;
1 Corinthians 16:2 ESV



“Christ took the Sabbath into the grave with him and brought the Lord’s Day out of the grave with him on the resurrection morn.”



Team Seventh-Day Adventist: *(Probably no need to elaborate here, because, well, you're all here. But simply put: Once Saturday, always Saturday).*

Team Christian Sabbath: *The Lord's Day is the Christian Sabbath and ought to be set apart by all Christians for rest & worship in obedience to the 4th commandment.*

Team 'Fulfilled in Christ': *Christians are not obliged to keep the Sabbath. The 4th commandment was for the Mosaic Covenant only, but Christians should still gather for corporate worship on a Sunday – the Lord's Day.*

** it's probably a good idea to have a day off each week #pickyourownday*

Team Hybrid: *In good conscience, pick your own exegetical adventure.*



²⁴ And let us consider how to stir up one another to love and good works, ²⁵ not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.

Hebrews 10:24-25 ESV



“McSabbath is here – worship services that are quick, easy, convenient, and user-friendly. No muss, no fuss. Little or no sacrifice required. Consumers can be in and out in under an hour. McSermons may not be as nutritional as the real thing, but, like Big Macs, they have a predictable quality that fills a void at least for a while.”

Bruce A. Ray

“The day became an island of get-to in an ocean of have-to.”



Kevin DeYoung



“What does the fourth commandment mean for the Christian? Like the Israelites, we are made in the image of a working, resting God. We still need to work, we still need our rest, and we can still receive the creation blessing of God’s holy day. The main thing that has changed is that we have received a new and greater deliverance. We no longer look back to the old exodus for our salvation; we look to Jesus Christ,

Philip Graham Ryken



“who accomplished a greater exodus by dying for our sins and rising again. Jesus is the fulfilment of the fourth commandment, as he is of all the others. The Old Testament Sabbath pointed to the full and final rest that can only be found in him.”

Philip Graham Ryken



²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. ³⁰ For my yoke is easy, and my burden is light.

