



The Practice of Joy

LIBERTI



Week One
Life with Jesus



Philippians 4:4–9



⁴ Rejoice in the Lord always; again I will say, rejoice. ⁵ Let your reasonableness be known to everyone. The Lord is at hand; ⁶ do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

⁸ Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is



Philippians 4:4–9



commendable, if there is any excellence, if there is anything worthy of praise, think about these things. ⁹What you have learned and received and heard and seen in me—practice these things, and the God of peace will be with you.



Rejoicing Always



Rejoice in the Lord always. I will say it again: Rejoice!

Philippians 4:4 (CSB)



Rejoicing Always



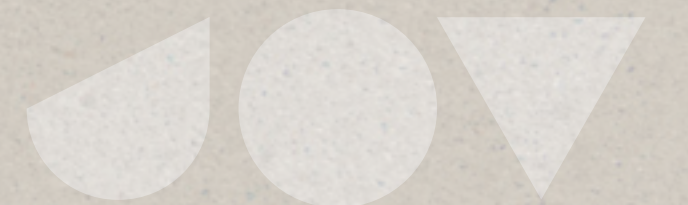
To all the saints in Christ Jesus who are at Philippi...

Philippians 1:1



What conquered the ancient world was this joy, this gladness, this verve, this indestructible quality in the life of these people, and this is the greatest need in the world today.

– Martyn Lloyd-Jones



Unworried about Anything



Let your graciousness be known to everyone. The Lord is near. Don't worry about anything...

Philippians 4:5–6 (CSB)



Praying in Everything



Rejoice in the Lord always. I will say it again: Rejoice! Let your graciousness be known to everyone. The Lord is near. Don't worry about anything, but in everything, through prayer and petition with thanksgiving, present your requests to God. And the peace of God, which surpasses all understanding, will guard your hearts and minds in Christ Jesus

Philippians 4:4–7 (CSB)



Praying in Everything



Don't worry about anything, but in everything, through prayer and petition with thanksgiving, present your requests to God

Philippians 4:6 (CSB)



Worry does not empty tomorrow of its
sorrow. It empties today of its strength

– Corrie Ten Boom



Praying in Everything



Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you.

1 Thessalonians 5:16-18 (ESV)



Praying in Everything



And the peace of God, which surpasses all understanding,
will guard your hearts and minds in Christ Jesus

Philippians 4:7 (CSB)



Praying in Everything



Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your anxieties on him, because he cares for you.

1 Peter 5:6–7 (ESV)

