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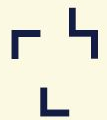
PRAYER

COMMUNITY

SABBATH

CONFESSION

EVANGELISM



Fostering spiritual
disciplines for our
flourishing

Psalm 32

¹ Blessed is the one whose transgression is forgiven, whose sin is covered. ² Blessed is the man against whom the Lord counts no iniquity, and in whose spirit there is no deceit. ³ For when I kept silent, my bones wasted away through my groaning all day long. ⁴ For day and night your hand was heavy upon me;



Psalm 32

my strength was dried up as by the heat of summer. ⁵ I acknowledged my sin to you, and I did not cover my iniquity; I said, “I will confess my transgressions to the Lord,” and you forgave the iniquity of my sin. ⁶ Therefore let everyone who is godly offer prayer to you at a time when you may be found; surely in the rush of great waters,

Psalm 32

they shall not reach him. ⁷ You are a hiding place for me; you preserve me from trouble; you surround me with shouts of deliverance. ⁸ I will instruct you and teach you in the way you should go; I will counsel you with my eye upon you. ⁹ Be not like a horse or a mule, without understanding, which must be curbed with bit and bridle,

Psalm 32

or it will not stay near you. ¹⁰ Many are the sorrows of the wicked, but steadfast love surrounds the one who trusts in the Lord. ¹¹ Be glad in the Lord, and rejoice, O righteous, and shout for joy, all you upright in heart!



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The Blessedness of Forgiveness

VS. 1-2

¹ Blessed is the one whose transgression is forgiven, whose sin is covered.

² Blessed is the man against whom the Lord counts no iniquity, and in whose spirit there is no deceit.

The Experience of Forgiveness

vs. 3-4

³ For when I kept silent, my bones wasted away through my groaning all day long.

⁴ For day and night your hand was heavy upon me; my strength was dried up as by the heat of summer.

Whoever conceals his transgressions will not prosper, but he who confesses and forsakes them will obtain mercy.

Proverbs 23:13



⁵ I acknowledged my sin to you, and I did not cover my iniquity; I said, “I will confess my transgressions to the Lord,” and you forgave the iniquity of my sin.



If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.



1 John 1:9



Some forms of confession are unhealthy, especially when we keep on raking over past sins that we have confessed, forsaken and been forgiven of. But true confession, the honest, shamefaced uncovering before God of the sins of the past day or week, far from being unhealthy, is an essential condition of spiritual health. It is the person who conceals his sins who is unhealthy; it is he that shall not prosper.”

John Stott



An Exhortation From The Forgiven

vs. 6

⁶ Therefore let everyone who is godly offer prayer to you at a time when you may be found; surely in the rush of great waters, they shall not reach him.



“Though true repentance be never too late,
yet late repentance is seldom true.”

T.L. Brooks



⁹ Be not like a horse or a mule, without understanding, which must be curbed with bit and bridle, or it will not stay near you.



¹⁰ Many are the sorrows of the wicked, but steadfast love surrounds the one who trusts in the Lord. ¹¹ Be glad in the Lord, and rejoice, O righteous, and shout for joy, all you upright in heart!

Psalms 32:10



Nothing is covered up that will not be revealed, or hidden that will not be known.



Luke 12:2

