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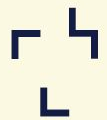
PRAYER

COMMUNITY

SABBATH

CONFESSION

EVANGELISM



Fostering spiritual
disciplines for our
flourishing

Psalm 1

¹ Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; ² but his delight is in the law of the Lord and on His law he meditates day and night. ³ He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither.



Psalm 1

In all that he does, he prospers. ⁴ The wicked are not so, but are like chaff that the wind drives away. ⁵ Therefore the wicked will not stand in the judgement, nor sinners in the congregation of the righteous; ⁶ for the Lord knows the way of the righteous, but the way of the wicked will perish.



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Why It's Important To Dwell In God's Word vs. 1-2a

¹ Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; ² but his delight is in the law of the Lord...

Incline my heart to your testimonies

Psalm 119:36a



Open my eyes, that I may behold wondrous things out of your law.

Psalm 119:18

What It Looks Like To Dwell In God's Word vs. 2b

¹ Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; ² but his delight is in the law of the Lord **and on His law he meditates day and night.**



While I was staying at Nailsworth, it pleased the Lord to teach me a truth... At Nailsworth the Lord showed me, that the first great and primary business to which I ought to attend every day was, to have my soul happy in the Lord... The first thing to be concerned about was not, how much I might serve the Lord, how I might glorify the Lord; but how I might get my soul into a happy state, and have my inner man nourished... I saw, that the most important thing I had to do was to give myself to the reading of the Word of God

and to meditation on it, that thus my heart might be comforted, encouraged, warned, reproved, instructed; and that thus, whilst meditating, my heart might be brought into communion with the Lord... I began, therefore, to meditate on the New Testament from early in the morning and the first thing I did, after having asked in a few words the Lord's blessing upon His precious Word, was to begin to meditate on the Word of God, searching, as it were, into every verse, to get blessing out of it; not for the sake of the public ministry

of the Word; not for the sake of preaching on what I had meditated upon, but for the sake of obtaining food for my own soul. The result I have found to be almost invariably this, that after a very few minutes my soul has been led to confession, or to thanksgiving, or to intercession, or to supplication; so that though I did not, as it were, give myself to *prayer*, but to *meditation*, yet it turned almost immediately more or less into prayer.

G. MULLER



We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies.

2 Corinthians 4:9-10



⁴ The wicked are not so, but are like chaff that the wind drives away. ⁵ Therefore the wicked will not stand in the judgement, nor sinners in the congregation of the righteous; ⁶ for the Lord knows the way of the righteous, but the way of the wicked will perish.

Psalm 1:4-6



I am the way, and the truth, and the life. No one comes to the Father except through me.

John 14:6

