

# Summer Playlist

## Part 6 | Enthusiasm is Oxygen

Enthusiasm is not a surface veneer, it is the substance and truth of our spiritual life. It's not optional, it's oxygen.

### **HUDDLE NOTES**

#### **Welcome + Welcome Live Stream**

#### **Connect with us - Next Steps Form**

- Text "Element" to 97000

#### **NOTES ARE IN APP - Not on screen - Download**

- <https://theelement.church/app>

#### **GIVING TIME:**

- **4 WAYS TO GIVE**
- ONLINE: <https://theelement.churchcenter.com/give>
- APP: Give Tile
- TEXT: Text an "amount" to 84321
- MAIL: PO Box 52 East Lansing MI 48826

#### **In March we did a series - GET YOUR PASSION BACK**

- Memes - Cotton Candy girl

#### **YES There are Real Problems!**

- People sick
- People dying
- Jobs Vanishing
- Economies Struggling
- Our Nation divided
- War in Eastern Europe
- Brink of WW3?
  - Anxiety - Overwhelm
  - Easily angered
  - Easily discouraged

How important Passion is.

Today I want to revisit this idea and push it a little further and more specifically.

I have sensed God really challenging me in my own life on this front and I am bringing it to you too.

## **TODAY: En Theos (Enthusiasm)**

### **Latin Root Words: → Greek NT**

- Theos - God
- En - In
- mid 16th century (in *enthusiasm* (sense 2)): via late Latin *enthusiasmus* ‘inspiration, frenzy’ from Greek *enthousiasmos*, from *enthousiazein*
- **En theos—In God, filled with God.** (in theos, in God)
- En Theos - God inside of me

En Theos - ‘to be filled, inspired or possessed by a God’

EN Theos = God is at work inside of me!

### **ILL. This Shirt is “En SCOTT-EOS”**

- A shirt on a hanger
- Or does it move?
- It is filled with, animated by, me
- Difference between a lifeless shirt & one that lives!

### **Acts 18 - Apollos**

- A man of wisdom, persuasive, also a man of passion, zeal & enthusiasm

### **N.T. - Peter, John - Sons of Thunder**

### **2 Corinthians 8:7**

But since you excel in everything—in faith, in speech, in knowledge, in complete earnestness and in the love we have kindled in you - see that you also excel in this grace of giving.


### **Romans 12:11 NIV**

Never be lacking in zeal, but keep your spiritual fervor, serving the Lord.

### **Romans 12:11 MSG**

Don't burn out; keep yourselves fueled and aflame. Be alert servants of the Master, cheerfully expectant.

### **ILL. Ruby Enthusiasm - I think of my dog**

- She wakes up happy. Excited.
- Paws are full of fur and we have wood floors - cartoon feet moving faster than the body can go
- Celebrates hard - eats lots, throws up and eats it again
- July 4th
- [Screenshot]  RUBY.heic
- While that IS **AN expression** of enthusiasm
- **Understanding it in those limited terms is DANGEROUS**

### **Enthusiasm is relegated to plastic, surfacey veneer over "real life"**

- Enthusiasm is dishonest
- Enthusiasm is an emotional luxury
- Enthusiasm is like sprinkles on the ice cream, not the nourishment of dinner
- What if it was not a Veneer, but the substance?
  - Not a dishonest denial
  - Not a mental or emotional trick
- **Enthusiasm = is DEEPLY SPIRITUAL - Difference between blessing & curses**

O.T. - Choices to follow God lead to blessing... Choices away from God lose blessings... For 47 verses Bible tells us how to be blessed and how to fail. After the

discourse of failure it tells us the key for how to HOLD ON TO FOLLOWING GOD & HIS BLESSINGS...

### **Deuteronomy 28: 47**

Because you did not serve the Lord your God joyfully and gladly in the time of prosperity,

JOY & Gladness of HEART

Deuteronomy - All about CHOICE.

### **Proverbs 18:21**

The tongue has the power of life and death, and those who love it will eat its fruit.

## **Enthusiasm is not optional, it's oxygen**

### **HOW DO WE GET ENTHUSIASM?**

- Theological Foundation
- Practical Cultivation - Exercise/Practice

### **MARCH OVERVIEW -**

#### **Theological Foundation** (Let's get back to basics)

5 basics to help us turn back to our enthusiasm

- A. God is faithful
- B. Jesus Loves & Saves
- C. The Holy Spirit empowers
- D. The Church endures
- E. God's promises are true

**W/O Theological Foundation it is just wishful thinking or positive self help**

**With a THEOLOGICAL FOUNDATION we ADD PRACTICAL PRACTICE**

### **Romans 12:11 MSG**

Don't burn out; keep yourselves fueled and aflame. Be alert servants of the Master, cheerfully expectant.

Keep yourselves fueled and aflame. Cheerfully expectant.

ASK GOD!?!

- Prayer
- Bible Reading
- Worship

HOW DO WE GET ENTHUSIASM IN PRACTICE?

## 1.) Enthusiasm is a choice

**TENSION: Being Enthusiastic vs. Being Honest**

- LIE: Enthusiasm isn't being honest
- Truth: Enthusiasm is the MOST truthful thing I live

**Acts 17:28**

'For in him we live and move and have our being.'[a] As some of your own poets have said, 'We are his offspring.'

**2 Corinthians 5:7**

For we live by faith, not by sight.

"I'm so tired"...

"I feel so sad"...

Disappointment...

Anger...

Frustration...

Sickness & Disease...

**God is at work in me**

I Love Statements... a choice.

## 2.) Enthusiasm is a personal cultivation

**"Enthusiasm isn't my personality"**

- Truth: Enthusiasm is God's personality within me

## Gal. 5:22 - FRUIT of the Spirit

- Fruit takes TIME

### ILL. Marathon Running

- 26.2 miles
- 16-20 weeks

## 2 Corinthians 10:5

We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

“My mind doesn’t stay renewed any longer than my hair stays combed.”

### **3.) Enthusiasm is built in a community focused on God**

O.T. - Discouraged, exiled 70 years, failing to find their mojo again...

### **Haggai 1:5-6, 9**

5 Now this is what the Lord Almighty says: “Give careful thought to your ways. 6 You have planted much, but harvested little. You eat, but never have enough. You drink, but never have your fill. You put on clothes, but are not warm. You earn wages, only to put them in a purse with holes in it.”... 9 “You expected much, but see, it turned out to be little. What you brought home, I blew away. Why?” declares the Lord Almighty. “Because of my house, which remains a ruin, while each of you is busy with your own house.

### **Haggai 1:14**

So the LORD sparked the enthusiasm of Zerubbabel son of Shealtiel, governor of Judah, and the enthusiasm of Jeshua son of Jehozadak, the high priest, and the enthusiasm of the whole remnant of God’s people. They began to work on the house of their God, the LORD of Heaven’s Armies,

With Enthusiasm -  
they laid the foundations to rebuilt the temple -  
the place of worship for God’s people.

## **1 Cor 15:57-58 NLT**

But thank God! He gives us victory over sin and death through our Lord Jesus Christ. So, my dear brothers and sisters, be strong and immovable. Always work enthusiastically for the Lord, for you know that nothing you do for the Lord is ever useless.

**Enthusiasm is not optional, it's oxygen**

### Prayer for Enthusiasm

- Choice
- Cultivation
- Community

### Prayer for Salvation