



choosing THE better

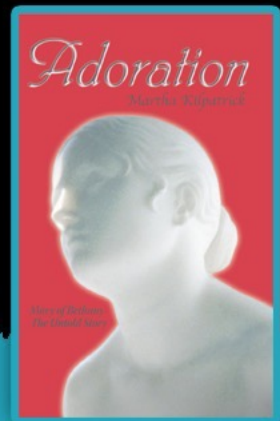
**LEARNING TO BE
MARY-ED**

And a woman named Martha welcomed him into her house. And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. But Martha was distracted with much serving. And she went up to him and said, "Lord, do you not care that my sister has left me to serve alone? Tell her then to help me." But the Lord answered her, "Martha, Martha, you are anxious and troubled about many things, but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her."

LUKE 10:38-42

“We are so steeped in the error of working for God that we are determined to defend Martha. In straining to give her some due, some merit we are defending our own self-conscious labors and hoping they too will count with God. They will not. Make no mistake, Jesus scolded Martha.”

Martha had chosen duty. Mary had chosen Jesus.



Adoration | Martha Kilpatrick.

TIME-FOCUS CONTINUUM

**TIME
ABUNDANCE**
(MARGIN/SLOWNESS)

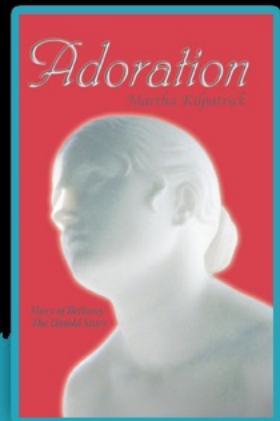
**TIME
SCARCITY**
(BUSYNESS/HURRY)

DISTRACTED

FOCUSED

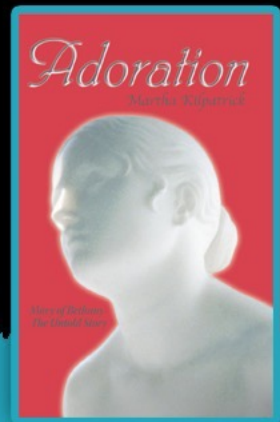
“Work does not begin with work. God’s work must begin with rest. It then moves out from rest to power and performance. Work that does not start with rest is work without Christ’s approval or participation. Life is confusing, insolvable...Need screams your name.

You have nothing to give to Him until you are filled with Him.”



Adoration | Martha Kilpatrick, pp. 111, 113.

“Choosing can be casual, floating lazily with the tide. Indecision is a decision not to decide and as such...rules.”



Adoration | Martha Kilpatrick

MARK
14:38

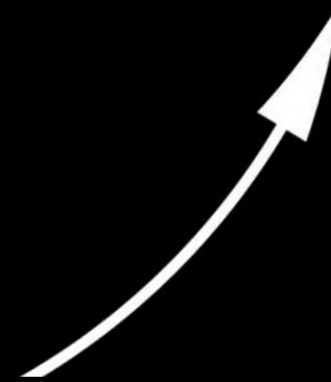
Watch and pray that you may not enter into temptation. The spirit indeed is willing but the flesh is weak.

ABILITY
TO RESIST
TEMPTATION



ENERGY/MARGIN

LIKELIHOOD
OF FALLING



FATIGUE/OVERWHELM

COLOSSIANS
1:10

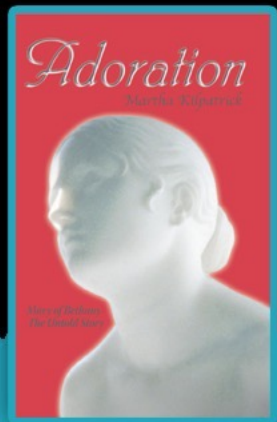
They bear fruit in every
good work and increase in
the knowledge of GOD.

2 CORINTHIANS
10:5

Take captive every
thought to make it
obedient to Christ.

10:5

“The power of influence is a scent rather than a speech, a mystery instead of an explanation. Influence can never be conscious. If it is conscious, it is manipulation and not inspiration.”



Adoration | Martha Kilpatrick, p.57

MATTHEW

13:22

As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the deceitfulness of riches choke the word, and it proves unfruitful.

HEBREWS

13:4

Let marriage be held
in honor among all...

MARY

EXTREMELY BUSY

HURRIED

FEEL PRESSURED

LOOKING TO THE NEXT THING

ON AND OFF THE CELL PHONE

PRODUCTIVITY IS PRIMARY

MARTHA

PLENTY OF MARGIN

UNHURRIED

FEEL RESTED

IN THE MOMENT

FOCUSED

PEOPLE ARE PRIMARY