



## PHILIPPIANS 4:8 [ NLT ]

And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.

*Big Idea*

**TO GROW IN SPIRITUAL MATURITY, FIGHT TO FIX YOUR THOUGHTS, NOT YOUR BEHAVIOR.**

Hebrews 4:13 (NLT)  
Psalm 139:23-24 (NLT)  
Mark 7:20-23 (NLT)

Colossians 1:21 (NLT)

# WE ARE PROFOUNDLY \_\_\_\_\_ BY THE THOUGHTS THAT FLOW FROM OUR HEARTS.

**Matthew 15:19 (NLT)**

**For from the heart come evil thoughts**, murder, adultery, all sexual immorality, theft, lying, and slander.

1. Better behavior \_\_\_\_\_ better thinking.

**Romans 12:2 (NLT)**

2 Don't copy the behavior and customs of this world, but **let God transform you into a new person by changing the way you think...**

2 Corinthians 10:5 (NLT)

2. Your thoughts have the power to either \_\_\_\_\_  
you up or \_\_\_\_\_ you down.

Fix your thoughts on **what is true, and honorable, and right, and pure, and lovely, and admirable**. Think about **things that are excellent and worthy of praise**.

# YOU HAVE TO \_\_\_\_\_ TO \_\_\_\_\_ YOUR MIND FULL OF THESE 'BEAUTIFUL' THOUGHTS.

Fix your thoughts ... Think about things...

Find a natural way to \_\_\_\_\_ the words of God in your heart.

Psalm 119:11 (NLT)

Hebrews 4:12 (NLT)

1. Fix your thoughts to see who God is.

**2 Corinthians 3:18 (NLT)**

18 So **all of us who have had that veil removed can see** and reflect **the glory of the Lord. And the Lord—**who is the Spirit—**makes us more and more like him as we are changed into his glorious image.**

2. Fix your thoughts to reflect on what God's done.

**Psalm 77:11-13 (NLT)**

11 But then **I recall** all you have done, O Lord;  
**I remember** your wonderful deeds of long ago.

12 They are **constantly in my thoughts. I cannot stop thinking** about your mighty works.

13 O God, your ways are holy.  
Is there any god as mighty as you?

# FIXING OUR THOUGHTS ON BEAUTIFUL THINGS WON'T \_\_\_\_\_ US FROM THE WORLD, IT WILL \_\_\_\_\_ US WHILE WE'RE IN IT.

**John 17:15 (NLT)** I'm not asking you to take them out of the world, but to keep them safe from the evil one. 16 They do not belong to this world any more than I do.

Consider the “**insulation approach**” to spiritual maturity.

Psalm 34:8 (NLT)

Isaiah 26:3 (NLT)

Ephesians 4:23 (NLT)