

GOOD GOALS, BAD GODS

Health

GETTING BETTER

For the Christian wanting to get better, make sure God defines what getting better means.

- Better = more godly.

CAN NOT ESCAPE

All of us are dealing with our health all the time.

THE SPECTRUM

We range from being careless to consumed with our health.

GODLY HEALTH

My bod is for God.

- I need to consecrate my body for God.

A CONSECRATED BODY

1. Pursues Christian purposes.
2. Provides complimentary fuel.
3. Accepts current realities.
4. Embraces correct truths.

BIG PICTURE

The stewardship of your health is a spiritual issue, so make sure it is defined and directed by God.