

**THE WIN OF WISDOM**

Learn it so I can apply it, and then I won't have to regret it.

**WHEN WE'RE YOUNG**

We are full of potential.

**THREAT**

Pain has the potential to squash your potential.

**WHAT DO I DO WITH PAIN?**

Dismiss it, be defined by it, or deal with it.

**TO MY YOUNGER SELF**

You have to process your pain.

**THE PROCESS**

1. Acknowledge your hurt.
2. Embrace the help.
3. Remember your hope.
4. Worship the Holy One.

**GOSPEL POTENTIAL**

The Gospel applied to your pain is the power for your growth and the promise of God's glory.