

ASKING FOR A FRIEND

HOW TO DO I MOVE PAST WHAT HAPPENED TO ME?

LAMENTATIONS 3:19-24

THIS WEEKEND'S MESSAGE IS RATED PG-13

FLAT OUT GROSS

Witnessing the abuse of the innocent is appalling.

THE HUMAN EXPERIENCE

The abuse of the innocent is far too abundant.

COPING

Many who have been victims suffer in silence.

ASKING FOR A FRIEND

How do I move forward when I have this terrible thing that has happened to me in my past? (And no one even knows about it.)

HOW

Lament the hurt, but live by hope.

Our hope: the cause of our lament < God's loyal love.

LAMENT

1. Make your protest.
2. Process your emotion.
3. Voice your confusion.

HOPE = LOYAL LOVE

1. The character of God - the evil man does points to the good that God is.
2. The promise of God - the best is yet to come, and Jesus died to make sure of it.
3. The empathy of God - the person of Jesus can relate to your pain.

ONE MORE THING

You will never be fully free until you set the offender free.