

FUTURE YOU

Future you should be on purpose and on point.

WE FEEL IT

More weight = more resistance to move.

NECESSARY WEIGHT IS HEAVY ENOUGH

A fool adds unnecessary weight to their load.

NOT A SURPRISE

Prepare for the predictable battles around potential extra weight.

HOW TO AVOID THE EXTRA WEIGHT

Don't trade what you want most for what you want in the moment.

"LESS BAGGAGE" FUTURE YOU

Stand firm today so you can run fast tomorrow.

IN THE MOMENT

1. Learn from others.
2. Look for outs.

COMMON EXTRA WEIGHT BATTLES

1. Sex
2. Finances
3. Insecurity

OUR EXAMPLE

Jesus always filtered the moment through the lens of the mission.