MUST OWN

The <u>heart</u> is the <u>home</u> of our <u>habits</u>, and habits determine your <u>health</u>.

AS A RESULT

There is immense value to consistently examining the health of our hearts.

THE REAL THING

A thing - key ingredients = no longer the thing.

BIBLICAL FAITH

Christianity minus forgiveness is not Christianity.

CLEANING HOUSE

Address the relational bitterness in your heart through the habit of forgiveness.

THE HOW

Forgiven people forgive people.

FORGIVING

- 1. Flows from personal forgiveness
- 2. Experienced in a costly choice
- 3. Compelled by weighty declaration

THE POWER

Practicing forgiveness <u>preaches</u> the gospel to <u>yourself</u> and <u>others</u>.