

**WE KNOW THIS**

Words have the power of life and death.

**HOW AND WHY**

Words frame our reality.

**THESE WORDS**

Daily practice of these words will affect your outlook, which will impact your output.

**THE SAME PAGE**

Everyone thinks thankfulness is a good idea.

**MISSING THE POWER**

We miss the power of “thanks” when we make it simply transactional or polite manners.

**BOTTOM LINE**

Turn your emotion into expression.

**THE IMPORTANCE OF THE EXPRESSION**

1. Unexpressed gratitude is experienced as ingratitude.
2. Demonstrating thanks to others attacks arrogance.
3. Practicing thankfulness builds relational connection and credibility.

**OWED NOTHING**

A heart that is quick to thank others begins with a heart that is quick to thank God.