

**THIS SERIES**

The right words framing your reality catalyze the right changes.

**PART OF LIFE**

We all come to spots where we are stuck.

**EXTREME APPROACHES**

You must do it all by yourself, or you must do it for me.

**WHAT IF**

Could it be that the best way forward is you doing what you can and getting assistance from others for what you can't?

**WIND AT YOUR BACK**

The design is interdependence.

- You need others, and others need you.

**THE DESIGN**

1. Everyone goes further, for longer.
2. There is hope and strength when I am stuck.

**ULTIMATE HELPER**

In all things, in all times, running to God for help is always a good idea.