NOT IF, WHEN

The Goal: Heal the hurt in a way that the hurt becomes a catalyst for health.

IT IS PROVEN

Hope is powerful.

THE STRUGGLE

Hurt intrudes upon our hope.

THE PATH TO HEALTH

Believing that a better day is coming.

LIVING WITH THE BELIEF

- 1. Remember the work of God in your past.
- 2. Engage the ways of God in your present.
- 3. Anticipate the win of God in the future.

BECAUSE OF JESUS

Jesus went through the <u>worst</u> day, so we can always have <u>confidence</u> in a better day.