OVER IT

This Is Not What I Hoped For

Proverbs 13:12

LIFE

"Over it" happens.

OVER WHAT

The realization of my life does not match the expectation for my life.

THE CONNECTION

There is an unbreakable connection between the <u>object</u> of your hope and the <u>outcome</u> in your heart.

- The objects of our <u>hope</u> are built on <u>longings</u> of our heart.
- Addressing our longings requires a shift in our <u>soul</u>, not simply our situation.

HOPE TO GET OVER IT

Switch the object, switch the outcome.

• Ultimate hope is not psychological, it is theological.

SOUL WORK

- 1. Own your <u>part</u>.
- 2. Remember your identity.
- 3. Guard your tendency.

LIFE THAT HAS LIFE

<u>Misplaced</u> longings always lead to being <u>over</u> <u>it</u>, so be sure you long for something that can deliver.