

# DETOURS: NAVIGATING LOSS

LAMENTATIONS 3:17-25, 31-33

## **EXPECT THE UNEXPECTED**

We need to embrace not just endure detours.

## **COMMON GROUND**

Loss is a universal experience.

## **THE KEY INGREDIENTS**

Navigating loss requires right thinking and right theology.

## **LAMENTING LOSS**

Call out your despair and call on the divine.

## **CALLING OUT THE DESPAIR**

Requires you to deal with your pain.

## **CALLING ON THE DIVINE**

Requires you to dwell on His love.

## **DARING TO HOPE**

Lean into God's love in your loss.