

# TEMPER, PART 1

## **EPHESIANS 4:26-27 ESV**

26 Be angry and do not sin; do not let the sun go down on your anger,  
27 and give no opportunity to the devil.

## **I. BE ANGRY**

God allows us to be angry.

- When God's name is at stake
- When your family, your company, your church, your country is in danger.
- When injustice is done.

We have to be angry at sin.

God Himself expressed anger.  
Only God's anger is righteous.

### **We may ask, "If God is a loving God, why does He get angry?"**

If God does not know how to be angry, it means He doesn't care about us especially when we are harmed, abused, or injustice is done against us.

God loves us so much, He will do everything to protect and defend us.

### **Psalms 7:11 Easy**

God is a judge who is fair.  
Every day he is angry against wicked people.

**Anger is a God-given energy and emotion intended to help us solve problems and to help change the wrong status quo.**

**BB Warfield, Professor at Princeton Theological Seminary**

*A man who cannot be angry, cannot be merciful.*

## **II. BE ANGRY AND DO NOT SIN**

Anger in itself is not a sin.

It's how we deal with our anger and express it that can cause us to sin.

### **PROVERBS 29:22 NLT**

An angry person starts fights;  
a hot-tempered person commits all kinds of sin.

### **MATTHEW 5:22 ERV**

I tell you, don't be angry with anyone. If you are angry with others, you will be judged.



### **Anger is sinful when we...**

- Wish ill against the person
- Curse and say hurtful words
- Ignore the person
- Lose control and become violent
- Nurture our anger
- Don't want to forgive and reconcile
- Take revenge

### **JOB 36:13 ESV**

The godless in heart cherish anger...

### **GALATIANS 5:19-21 AMP**

19 Now the practices of the sinful nature are *clearly* evident: ... hostility, strife, jealousy, fits of anger, disputes, dissensions, factions, 21 envy, drunkenness, riotous behavior, and *other* things like these... Those who practice such things will not inherit the kingdom of God.

## **III. DO NOT GIVE THE DEVIL A FOOTHOLD**

**Foothold in Greek is TOPOS.**

**It means room or place.**

Do not reserve a room for the devil.

**It's better to win a friend than to win an argument.**

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## **DISCUSSION QUESTIONS:**

1. Share an experience when you got angry.  
What did you feel? How did you deal with your anger?
2. When is it right to be angry? How can you express anger and not commit sin?  
Give examples.